



ramblers scotland
at the heart of walking



Forth Valley, Fife & Tayside
Area Joint Programme
October 2014 to March 2015



Walks and Events for:

- Blairgowrie & District**
- Brechin**
- Broughty Ferry**
- Dalgety Bay & District**
- Dundee & District**
- Dunfermline & West Fife**
- Forfar & District**
- Glenrothes**
- Kinross & Ochil**
- Kirkcaldy**
- Perth & District**
- St Andrews & NE Fife**
- Stirling, Falkirk & District**
- Strathtay**

Information Page

Welcome to the 30th edition of the joint programme; yes we have already reached that milestone. This issue covers the Winter programme for 2014/15. We hope that you find the programme informative and helpful in planning your walking programme for the next 6 months. You can now download a PDF version of this programme to your computer, phone, etc. The complete program as printed is available through Dalgety Bay, Glenrothes and Perth websites. The Dalgety Bay site has pages for individual weeks which are constantly updated with changes and cancellations in red print or picked out with yellow highlighter. This page can be accessed directly at

<http://ochileer.co.uk/ajp.html>

A Bit of History

The Joint Programme was the original brainchild of Angela Brunton (St Andrews) when in 1991 she devised the first copy to cover St Andrews, West Fife, Kirkcaldy, Perth, Dundee and Broughty Ferry Groups. It was extremely popular and the charge was 50p. Angela continued to produce the programme until 1996, when Betty Given took over until the Winter 1999/2000 edition. The first issue of the Joint Programme covering 12 groups in a format similar to that of today was produced in April 2000 under the guidance of Elizabeth Smeaton of the Stirling Group

Publication Information for Next Issue

Deadlines:

Electronic walk programmes to Trevor Abell by: 14th February 2015

Articles, News Items, Letters etc to Area Secretary by: 14th February 2015

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.

Please send it directly to Trevor Abell by 28th February 2015. Email attachments are also acceptable and indeed preferred.

The FV, F & T Joint Programme Team:

Publications and Advertising Secretary: Trevor Abell, 8, Culteuchar Road, Ardargie, Fordingenny Perth, PH2 9QE. Tel 01738 813123, e-mail: tmbabell@gmail.com

Assistant Publications Secretary: Ian Bruce, 4 Spencerfield Cottages, Dunfermline, KY11 9LA. Tel: 01383 616062, e-mail ianbruce100@btinternet.com

Acronyms used in the Programme

RADO = Registered Assistance Dogs Only

DWOL = Dogs welcome on Leads

CWRA = Children with responsible adults

NoSC = Not suitable for children

Area AGM/Open Day – January 31st 2015, Dalgety Bay Parish Church

Details of the next Area AGM appear in the following pages. It is important to bear in mind that it is through the Area Office-Bearers that the Area can function to channel monies to finance Groups and issue our much valued Area Joint Programme booklet. Thus, the turnout at the Area AGM is an indicator of the health and vitality of the Area as part of the Ramblers organisation as a whole. Hopefully, there will be a good representation from all our member Groups to meet up with other members and with a short walk timetabled as well – longer if we can get through the formal business more quickly!

Format

At General Council 2013 a motion was passed on the subject of *Reviewing the Governance Structure of the Ramblers*. Earlier this year, a Review Working Party was set up to carry out this task. The remit is wide-ranging and will look at each tier of the organisation i.e. Board of Trustees, General Council, Ramblers Scotland (and Ramblers Wales), Areas and Groups. The representative from Ramblers Scotland is our own John Andrews who is the Area's Footpath & Access officer as well as being a member of SCEC (Scottish Council Executive Committee).

Towards the end of this year the Review Working Party will present a report which will be available for discussion by Areas and Groups before being submitted to General Council in the spring of 2015 and a vote being taken. Their report may or may not contain radical proposals. However, bearing in mind the present structure has been in place for decades, it would be wise for Areas, including our own, to make provision for discussion of the report. **Thus, the afternoon session will be set aside for members to express their points of view.**

The arrangements which precede this discussion session are similar to the 2014 AGM.

Directions to Dalgety Bay Parish Church, Regents Way, KY11 9UY

1. From the M90: Exit at **Junction1** to take the **A921** to **Dalgety Bay/Inverkeithing**. Continue on the A921. After passing the rail station, at the next roundabout take the **2nd exit** onto **Western Access Road**. At the **1st roundabout** take the **2nd exit** onto **Regents Way**. The church car park is **1st right** after traffic lights.

2. From the Tay Bridge, North & East Fife: Follow the **A92**. Take the **A909** exit toward **Burntisland/Cowdenbeath**. Turn left onto **A909**. Go through one roundabout. Turn right onto **B9197**. At the roundabout take the **3rd exit** onto **A921**. At the roundabout, take the **1st exit** onto **Western Access Road**. At the **1st roundabout** take the **2nd exit** onto **Regents Way**. The church car park is **1st right** after traffic lights.

Area Minutes Secretary

Since the last AGM in February, this post has not had a permanent appointment. This is a matter of concern and hopefully at the next AGM an appointment can be made.

Area AGM 2016

Over the past few years the venue for the Area AGM has been held at different locations within our Area. Suggestions will be welcome for the venue in 2016.

Ben Douglas
Area Liaison Secretary

**THE RAMBLER'S ASSOCIATION (SCOTLAND)
FORTH VALLEY, FIFE AND TAYSIDE AREA**

Draft Minutes of the 18th Annual General Meeting of the Forth Valley, Fife and Tayside Area held on Saturday 1st February 2014 in the Boyack Centre, Monifieth.

1. Welcome Alan Bridges, Area Convener, welcomed members and Helen Todd, Campaigns & Policy Manager Ramblers Scotland.

2. Apologies: Pat Fraser, Colin Thomson

3. Minutes of the previous AGM held on Saturday, 23rd February 2013

The Minutes were approved - proposed by Betty Barton, seconded by Chris Barton.

4. Matters Arising

Groups were asked to submit brief reports of significant events to be included in the Area Annual Report. Ben Douglas, Area Secretary, received reports from 11 Groups.

5. Presentation of the Area Annual Report 2013

The Area Annual Report was distributed to all those attending the AGM. Copies were available on request by e-mail from the Area Secretary prior to the AGM. The Annual Report set out the Reports from the relevant Area Office-Bearers. (Print copies were made available at the subsequent Area Council Meeting)

6. Adoption of the Report and the Accounts

The adoption of the Annual Report 2013 and of the Income & Expenditure Account for the year ending 30th September 2014 was proposed by John Andrews and seconded by Alan Paul. This was approved by the meeting.

7. Appointment of Office-Bearers

Prior to the appointment of Office-Bearers, Alan Bridges, Area Convener, confirmed that Ben Douglas was standing down as Area Secretary. No member had as yet indicated volunteering for this essential position. The Convener proposed splitting the current role of Area Secretary into two positions:-

1. Area Minutes Secretary (to deal with internal governance within the Area) and
2. Area Liaison Secretary (to deal with matters of external governance) Ben Douglas was willing to continue in this capacity for a further year if there were no other nominations.

Alan Bridges also proposed that, since there had been no member willing to take on the role of Countryside Secretary in the past few years, this post should be abandoned.

The meeting agreed with both proposals.

The following appointments were approved by the meeting

	<u>Proposed by</u>	<u>Seconded by</u>
Convener Alan Bridges	Mike Gray	Ken Wright
Vice Convener Betty Barton	Ben Douglas	Ian Bruce
Area Minutes Secretary Area Liaison Secretary Ben Douglas	VACANT Mike Gray	
Area Treasurer Mike Gray	Brian MacGillivray	John Andrews Evelyn Taylor
Membership Secretary Colin Thomson	Mike Gray	Alan Paul
Footpath & Access Officer John Andrews	Chris Barton	Dorothy Cameron
Publications Secretary Trevor Abell	John Andrews	Alan Paul
Assistant Publications Sec. Ian Bruce	Ken Wright	Chris Barton
Advertising Officer Trevor Abell	Brian Clark	Linda Pirie

8. Appointment of Independent Examiner of Accounts

Delia Cattell proposed that Alan Paul should be appointed as Examiner of Accounts. This was seconded by Jim Young and approved by the meeting.

9. Appointment of two Area Delegates to General Council, Fri 28 – Sun 30 March 2014

1. John Andrews: proposed by Mike Gray; seconded by Betty Barton.
(Ian Bruce, the second delegate was finally confirmed several weeks after the AGM following encouragement from the Area Liaison Secretary.)

10. Date of Next Area AGM

Saturday 24th or 31st January 2105 were decided as most feasible dates with the possible venue being Dalgety Bay Parish Church.

Please use the Registration Form on the next page to indicate your attendance at this meeting. You can send a photocopy to avoid damaging the programme.

Registration Form

AGM and Open Day FV, F & T Area

Date: Saturday 31st January 2015
Start Time: 9.30 a.m. for 10.00 a.m. **Finish:** 3.00 p.m.
Venue: Dalgety Bay Parish Church, KY11 9UY

To register, please complete this form and return it no later than **16th January 2015** to the Area Liaison Secretary

Mr. Ben Douglas, 17 Longhill Gardens, Dalgety Bay, Fife, KY11 9SG

There will be a charge of £2 for teas/coffees, payable on the day. Members should bring their own packed lunch.

Please tick the relevant box

I wish to attend the AGM/Open Day & receive teas/coffees

I wish to attend the AGM/Open Day but not receive teas/coffees

I cannot attend the AGM/Open Day, but I would like to receive a copy of the FVF&T Area Annual Report (*by email only).

Name: _____ / _____

Group: _____

Address: _____

Postcode: _____ **Telephone:** _____

E-mail: _____

*Contact the Area Secretary at bendoug@tiscali.co.uk

FORTH VALLEY, FIFE AND TAYSIDE AREA

ANNUAL GENERAL MEETING & OPEN DAY

Saturday 31st January 2015: 9.30 a.m. – 3.00 p.m.

Venue: Dalgety Bay Parish Church, KY11 9UY

Directions

1. From the M90: Exit at **Junction1** to take the **A921** to **Dalgety Bay/Inverkeithing**. Continue on the A921. After passing the rail station, at the next roundabout take the **2nd exit** onto **Western Access Road**. At the 1st roundabout take the **2nd exit** onto **Regents Way**. The church car park is **1st right** after traffic lights.

2. From the Tay Bridge, North & East Fife: Follow the **A92**. Take the **A909** exit toward **Burntisland/Cowdenbeath**. Turn left onto **A909**. Go through one roundabout. Turn right onto **B9197**. At the roundabout take the **3rd exit** onto **A921**. At the roundabout, take the **1st exit** onto **Western Access Road**. At the 1st roundabout take the **2nd exit** onto **Regents Way**. The church car park is **1st right** after traffic lights.

PROGRAMME

9.30 -- 10.00 am.	Registration and Coffee/Tea
10.00 – 11.00 am.	Area AGM
11.00 – 11.25 am	◇ Interval ◇
11.25 -- 11.55 am.	Update from Ramblers Scotland
11.55 – 12.30 pm	Q & A Chaired by Area Convener with members of SCEC
12.30 - 1.20 pm.	◇ Lunch: members bring own packed lunch ◇
1.20 – 1.50 pm.	Short Walk (should weather conditions permit)
2.00 -- 2.55 pm.	Discussion of Governance Review Working Party Report
2.55 -- 3.00 pm.	Closing remarks

Please use the Registration Form opposite

Copies of the Accounts and the FV, F & T Area Annual Report 2014 will be available at the Meeting.

General Information

Walks Grading

The walks in this programme are graded according to the following:

E Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.

D Leisurely Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.

C Easy, mainly on level ground and often paths and tracks.

C+ Easy to moderate, for those with improving fitness, offering some modest challenges.

B Moderate, demanding higher standards of fitness and stamina than

B+ Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.

A Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.

A+ Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The walk grade is intended as a rough guide only. More information is supplied in each entry.

Walker's Responsibilities

Walkers must be 18+ or accompanied by an adult holding parental responsibility. Ramblers volunteers cannot provide direct care and supervision to children under 15. Instead the children must be accompanied by an adult who holds parental responsibility, such as a parent, legal guardian, carer, teacher or youth worker.

Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office, tel 020 7339 8500 or see www.ramblers.org.uk/localgroups.

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable

steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

Dogs are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

Winter: thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

Summer: wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using tweezers. It is advised that you then contact your general practitioner for further advice

Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups. Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

Broughty Ferry Group: Any member who has difficulty in getting to a walk meeting place should contact, in the first instance, the Walk Leader, who will try to arrange transport. Car drivers are also reminded that they should advise the walk leader of spare seats in their vehicles.

St Andrews & NE Fife Group: Any member who has difficulty in getting to a walk meeting point should contact the Group Convenor, Pat Ritchie, (01334 653667) who will try to arrange transport.

Additional Description and Location Maps

More detail including location maps can be found on the Ramblers website at –

www.ramblers.org.uk/walksfinder

You can also use the local website of: [-http://perthramblers.blogspot.com](http://perthramblers.blogspot.com)

Acronyms used in the Programme

RADO = Registered Assistance Dogs Only

DWOL = Dogs welcome on Leads

CWRA = Children with responsible adults

NoSC = Not suitable for children



Meeting Points

The following abbreviations are used for group meeting places:

Blairgowrie	WCPB	Wellmeadow Car Park, Blairgowrie.
Brechin	SNSB	St Ninian's Square, Brechin.
Broughty Ferry	TBCP	Tay Road Bridge (South) Car Park
Dalgety Bay	DBSCCP	Dalgety Bay Shopping Centre Car Park.
Dundee East	OCCP	Odeon Cinema Car Park, Douglasfield, Dundee
Dundee West	CWCP	Cineworld Car Park, Camperdown Leisure Park, Dundee
Dunfermline & Forfar	LPRCP	Leys Park Road Car Park, Dunfermline. West Fife
Forfar	EGCP	East Greens Car Park, Forfar.
Glenrothes	LCCP	Lomond Centre Car Park, Glenrothes.
Kinross & Ochil	RASCP	Ramblers Association Car Park, Kingfisher House, Auld Mart Business Park, Milnathort.
	BURN	Dollar Burnside Car Park.
Kirkcaldy	KRSN	Kirkcaldy Railway Station North (Forth Ave).
Perth	ASDACP	Asda Supermarket Car Park, Perth.
St Andrews & NE Fife	FCPC	Fluthers Car Park, Cupar.
Stirling & Falkirk	LACP	Linden Ave Car Park, Stirling..
Strathtay	CGCP	CGCP Car Park behind Co-op Garage, Aberfeldy.

Excerpt from Issue 1 (April 2000)

Intimidation in Glen Lyon

Members may have seen recent press coverage of access problems in Glen Lyon – and walkers are not the only people being intimidated by landowners. Anyone seeking to park their cars and enjoy the fresh air risks a confrontation with those who believe this glen is the private kingdom for their exclusive use. Our latest complaint comes from a woman who wanted to take her elderly parents in their first visit to see the area's famous scenery. Two attempts to stop in Glen Lyon and picnic on the nearby river bank were thwarted when local landowners ordered them back onto the public road. They gave up and went home.

The Scottish Parliament's land reform programme should address the sort of access problem. New legislation should guarantee the right to walk up a hill, through a wood or along a river, with or without a picnic.

Walks Diary

Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depends on the weather conditions. To go on the walk meet at St. Columba's Church.

Grade C: **Distance:** 4 - 6 miles $2\frac{1}{2}$ - $3\frac{1}{2}$ hours. **Meet/Time:** Car Park behind St Columba's Church next to Glenrothes town centre at 10.00 a.m. **Map Ref:** 59/NO:269008. **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders. **Leaders:** D. Cumming or D. Bell **Tel:** 01592 742782 or 01592 630296

Kinross & Ochil Tuesday Walkers

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** **Distance:** maximum 4 miles, approx 2 hours, and usually within a 10 mile radius of Kinross). **Meet/Time:** Old Health Centre, Kinross (next to Leisure Centre) at 10.00 a.m. **Map Ref:** 58/NO:115037. **Description:** For details of any walk, please phone leader. **Leader:** Edna Burnett **Tel:** 01577 862977.

Wednesday 1st October

Dunfermline & West Fife: Cupar, Ceres, Hill of Tarvit Circular

Grade C+: 7 mls. 4 hrs. **Meet/Time:** LPRCP at 09:30 or Layby at cemetery gates, Cupar at 10:30 **Map Ref:** 370/NO:377137 **Description:** The Moor Road to Ceres then on to Hill of Tarvit - fine views from summit. Return by farm tracks. **Note:** DWOL, NoSC **Leader:** Maureen Paul **Tel:** 01383 727875 **Mob:** 07842 386718 m9paul@gmail.com

Thursday 2nd October

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Friday 3rd October

Dunfermline & West Fife: Weekend Meet - Aviemore

Description: Anyone interested contact Delia. Preferably by 6th September. **Contact:** Delia Cattell **Tel:** 01383 841434 **Mob:** 07751 039442 cattde@gmail.com

Saturday 4th October

Blairgowrie: Craig of Balloch Circular

Grade B: 8 mls. **Meet/Time:** WCPB at 09:00 or Car Park over the bridge at Backwater Dam, not the one with the toilets. at 10:00 **Map Ref:** 44/NO:256615 **Description:** Mainly on good paths and tracks, starting with a short road walk before crossing into fields towards Craig of Balloch in Glen Quharity, then on towards Mildewan Hill. Possible opportunity to see some wildlife and good views.

Leader: Nina Bell **Tel:** 01250 874301 blairbelles@tiscali.co.uk

Dalgety Bay: Loch Leven Circular (negligible ascent)

Grade B: 12.5 mls. 6 hrs. **Meet/Time:** DBSCCP at 09:30 or Kirkgate Car Park, Kinross at 10:00 **Map Ref:** 58/NO:127017 **Description:** A flat walk all the way around Loch Leven. **Note:** RADO **Leader:** Audrey Price **Tel:** 01383 824173 **Mob:** 07871 806582

Dundee: Loch Faskally, Craig Fonvuick and Pass of Killiecrankie

Grade C+: 9 mls. **Meet/Time:** CWCP at 09:00 or Car Park at Loch Dunmore (off B8019) at 10:30 **Map Ref:** 52/NN:922591 **Description:** Two walks - 1) By side of Loch Faskally to Garry Bridge, then easy ascent to Craig Fonvuick, brilliant views -9 miles. Return by Pass of Killiecrankie. 2) Starts/ends Garry Bridge - 5 miles. Estimated ascent 293m. **Leader:** Ian Young **Tel:** 01382 643846

Forfar: Logie Circular

Grade C: 6 mls. **Meet/Time:** EGCP at 10:00 or Logie Village (At the Mud House) at 10:45 **Map Ref:** 45/NO:698636 **Description:** Guided Walk to River North Esk and past Craigo to Marykirk Bridge and Mains of Gallery. Return via Logie Pert and North Hill of Craigo. Opportunity to visit Mud House - Refreshments (for small donation Names to Jenny by 29th Sept.).
Leader: Jenny McDade **Tel:** 01241 855481

Glenrothes: Pitlochry - Ben Vrachie

Grade A: 6mls 4.5hrs. **Meet/Time:** LCCP at 9:00 or Moulin overflow CP - very limited parking at 10:00. **Map Ref:** 52/NN:943595 **Description:** A Corbett with one of the best summit viewpoints in the Southern Highlands. Climb by a steep but straightforward path through heather moorland. Ascent 2000ft. **Note:** NoSC RADO . Leaders will meet at start of walk.
Leader: C & B Barton **Tel:** 01383 725859 chrisandbetty@glenrothesramblers.co.uk

Kirkcaldy: Silverknowes, Cramond & Corstorphine Hill

Grade C+: 9 mls. **Meet/Time:** Kirkcaldy bus station at 09:00 for 09:05 bus to Edinburgh or Sainsbury Supermarket, Craigleith at 10:15 **Map Ref:** 66/NT:226746 **Description:** A circular walk starting from Craigleith mainly on paths and cycle tracks. A steep section on Corstorphine Hill.
Note: RADO. CWRA.
Leader: Margaret Miller **Tel:** 01592 266956

Perth: Butterstone to Blairgowrie. Total ascents 350m.

Grade B: 10.5 mls. **Meet/Time:** ASDACP at 9.25 to travel by car to Wellmeadow, Blairgowrie to catch No.60 bus to Butterstone at 10:20 or Butterstone bus stop at 10:40 **Map Ref:** 53/NO:064458 **Description:** Uphill past Leduckie onto moorland then eastwards passing Seefar, West & East Gormack and Maryfield.
Leader: John Andrews **Tel:** 01738 827275 **Mob:** 07526 884953 john@jandrews.co.uk

Sunday 5th October

Stirling & Falkirk: A Good Ramble

Grade C: 8 mls. 4.5 hrs. **Meet/Time:** LACP at 09:30 or Layby opposite the start of Glen Rd, Torwood on the A9 at 10:00 **Map Ref:** 65/NS:842845 **Description:** From Torwood to Rosebank, Camelon, following good paths mostly through open countryside with panoramic views of the Ochils, Forth Bridges, Kelpies and Falkirk Wheel amongst others. Returning to Torwood by service bus(remember your bus pass).
Leader: Anne Comrie **Tel:** 01324 558790 **Mob:** 07752 011985 annie120950@hotmail.com

Tuesday 7th October

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Kirkcaldy: Langtoun Daundersers - Kinghorn Circular

Grade C: 6 mls. **Meet/Time:** Esplanade car park (Invertiel) at 10:00 **Map Ref:** 66/NT:279903 **Description:** Inland to Craigenalt then return by Kinghorn and along Coastal Path. Intended lunch venue is 'The Duchess' restaurant. **Note:** RADO. CWRA.
Leader: Ros Fairgrieve **Tel:** 01592 784454

Thursday 9th October

Dalgety Bay: Roamers - Fordell Estate Circular (25m ascent)

Grade D: 4 mls. 2 hrs. **Meet/Time:** Dalgety Bay Library at 10:00 **Map Ref:** 65/NT:156835 **Description:** A morning walk through woodland and farmland. **Note:** RADO
Leader: Alice McEwan **Tel:** 01383 822013

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Special Event Saturday October 11th Mountain Safety Day

Ramblers Scotland has informed us that there will be a special event at the Albert Halls, Stirling on October 11th to support this year's Mountain Safety Day. Entrance is free and the event runs from 10am to 4pm. The idea to have the 2014 event was conceived by Mountain Aid, whose main aims are to promote safety initiatives on Scottish Hills and support Mountain Rescue. The event has the support of the Mountaineering Council of Scotland, the principal body in the country representing hill goers, whose expertise and ability to attract a wide range of outdoor participants, is sure to guarantee a successful day.

The event will provide the opportunity to meet up with both hill walking and mountaineering clubs such as the **Ochils Mountaineering Club** and the **Mountaineering Council of Scotland's** together with **Rambler's Scotland**. Top traders Tiso, Nevisport and Cotswold will be on hand to provide comprehensive advice on the latest outdoor equipment. Navigation skills are essential for all who venture on to Scottish hills, not just the team leaders. **Harvey Maps** will be displaying their specialist range of waterproof mountain maps and the Mountaineering Council of Scotland stand will feature the digital mapping approach developed by **Anquet**.

Where best to stay, is an important factor on any trip within Scotland. Whilst there is a widespread opportunity for wild camping, a good network of interesting **SYHA** and **Independent Hostels** exist and up to date information on these will be available to all who attend our event. You should also be aware of the good work of the **Mountain Bothies Association**, who provide refuge in remote areas.

Accurate weather forecasting is of vital importance in both summer and winter. Nowadays the **Mountain Weather Information Service** (MWIS) can offer reliable data specific to the area you intend to visit. At their workstation they will provide a demonstration of this. In winter months remember to consult the **Sportscotland Avalanche Information Service** (SAIS) to assess the risk in the area you are contemplating visiting. If it is high, do not hesitate to modify your plans.

All three **local Mountain Rescue Teams** are supporting the event and **Police Scotland** who are the first point of contact for those in trouble on the hill and who are responsible for co-ordinating the call out of Mountain Rescue Teams will have a presence. They will run a First Aid workstation which will offer practical advice from their paramedics on what to do when someone you are with feels unwell, or is involved in some form of accident. It is of crucial importance to be able to distinguish between a minor medical matter that can be effectively treated by a colleague and a serious situation that needs prompt intervention by Mountain Rescue personnel.

Other notable organisations you can expect to encounter at our Mountain Safety Day are **John Muir Trust**, who are at the forefront of conservation work in Scotland, as are **Scotways** who provide information on heritage paths.

As in the previous event in 2011, the Upstairs Hall will be used for a series of Talks, starting with Mountain Aid's Patron, **Cameron McNeish** who will provide a keynote address at 11am, following on from his opening the event at 10am.

Saturday 11th October

Brechin: Jock's Road Circular

Grade C: 6 mls. **Meet/Time:** SNSB at 09:30 or Glen Doll CP at 10:30 **Map Ref:** 44/NO:284761

Description: Low-level forest walk starting out on Jock's Road, returning alongside River South Esk. Optional meal afterwards at the Glen Clova Hotel - contact walk leader for details.

Leader: Morna Brown **Tel:** 01307 830281 mornasbrown@btinternet.com

Dalgety Bay: West Linton/Garvald Circular (100m ascent)

Grade C+: 8 mls. 4 hrs. **Meet/Time:** DBSCCP at 09:30 or West Linton by the church at 10:30
Map Ref: 72/NT:150516 **Description:** A circular walk from West Linton following a right of way (the old Roman Road) to the outskirts of Dolphinton. A short stretch on a quiet country road to the tiny hamlet of Garvald before the return via Slipperfield. **Note:** RADO
Leader: Alistair Robb **Tel:** 01383 820632 **Mob:** 07757 809102

Dundee: Brunton to Newburgh

Grade C+: 8.75 mls. 5 hrs. **Meet/Time:** TBCP at 09:30 or West Car Park, Newburgh (beside the Bowling Green) at 10:15 **Map Ref:** 59/NO:240183 **Description:** A linear walk on the newest section of the Fife Coastal Path with elevated views over River Tay. Slight incline at start of walk. Varied and scenic route, can be slightly muddy in parts depending on weather. Ascent 170m.
Leaders: Moira Dobson **Tel:** 01382 459453 **Mob:** 07792 140781 & Maureen Watson **Tel:** 01382 738025 **Mob:** 07754 548068

Dunfermline & West Fife: Pittencrieff Park and Paths to W of Dunfermline

Grade C+: 5 mls. 3 hrs. **Meet/Time:** LPRCP at 09:40 or Pittencrieff Park CP at 10:00 **Map Ref:** 367/NT:085874 **Description:** A wander around Pittencrieff Park and The Glen and then on some of the paths to the West of Dunfermline. **Note:** CWRA
Leader: Carol Paterson **Tel:** 01383 727660 **Mob:** 07594 619245 caroljpaterson@gmail.com

Kinross and Ochil: Birks of Aberfeldy

Grade C+: 4 mls. 2 hrs. **Meet/Time:** BURN at 9.15 or RASCP at 09:30 or Birks of Aberfeldy Car Park at 10:30 **Map Ref:** 52/NN:855486 **Description:** Steep climb with lots of steps up glen to view autumn colours with wide high level views over Strathtay and Aberfeldy. Walk continues through Aberfeldy with option of lunch stop in the town. **Note:** DWOL, CWRA
Leaders: Rosemary Smith **Tel:** 01577 862520 & Mike Smith **Tel:** 01577 862520

Perth: Cramond Brig to South Queensferry. Total ascents 80m.

Grade C: 6 mls. **Meet/Time:** ASDACP at 09:00 or South Queensferry, Hopetoun Road, turn right at Police Station for Shore CP at 10:00 **Map Ref:** 65/NT:129785 **Description:** Catch the 40a stagecoach bus from Hopetoun Road at 10.09 to Cramond Brig. Then a linear walk back via coast and mixed woodland. **Note:** CWRA
Leader: Lynn Rankin **Tel:** 01738 632580 **Mob:** 07928 758259

St. Andrews & NE Fife: Linear Walk: Balmalcolm to Ceres - option to extend to Cupar

Grade B: 7.5 mls. **Meet/Time:** Stagecoach Bus 94 to Balmalcolm from Crossgate in Cupar at 09:25 or Balmalcolm on A942 at 10:00 **Map Ref:** 59/NO:320084 **Description:** Undulating country linear walk mainly on rights of way, farm roads, tracks and field margins via Heritage Path, Waterless Road and attractive Clatto Reservoir. Option to return from Ceres by service bus or walk back to Cupar (extra 2.5 miles) **Note:** RADO, CWRA, Older children only. If starting from St Andrews, take 94 bus at 08.52 from bus station.
Leader: W. MacKay **Tel:** 01334 652903

Sunday 12th October

Broughty Ferry: Kinpurney Hill

Grade B: 8 mls. 4.5 hrs. **Meet/Time:** CWCP at 10:00 or Balkello Community C/P at 10:30 **Map Ref:** 54/NO:365385 **Description:** Walk on tracks to the top of Kinpurney Hill. **Note:** DWOL
Leader: Alex Kelman **Tel:** 01382 776928 **Mob:** 07840 732842

Glenrothes: Loch Leven Circular

Grade C+: 13mls 7hrs. **Meet/Time:** LCCP at 09:15 or Findatie Car Park at 09:45. **Map Ref:** 367/NT:172992 **Description:** A walk round the full circuit of the Loch, on easy tracks. Lovely views. **Note:** NoSC RADO. Leader will meet at start of walk.
Leader: C Jenkins **Tel:** 07523289165 carolynjenkins@btinternet.com

Stirling & Falkirk: Dumyat Hill Circuit

Grade B+: 7 mls. 5 hrs. **Meet/Time:** LACP at 09:30 or Logie Kirk car park(bottom end of car park) at 10:00 **Map Ref:** 57/NS:818967 **Description:** A circular walk from Blairlogie incorporating: Dumyat, Menstrie Glen, Jerah and back to Blairlogie. Ascent 403m.
Leader: Martin Scott-Smith **Tel:** 01259 214906 martinScottSmith@googlemail.com

Strathguy: Craig a Barns and Rotmell Loch

Grade C+: 12 mls. **Meet/Time:** CGCP at 09:30 or Cally CP Dunkeld at 10:00 **Map Ref:** 52/NO:024436 **Description:** A circular route to the North of Dunkeld via the Craig a Barns caves, Mill Dam and Rotmell Loch. **Note:** RADO
Leader: Muriel Findlay **Tel:** 01887 820095 murfin41@btinternet.com

Tuesday 14th October

Dalgety Bay: Winchburgh to S. Queensferry Linear (50m ascent)

Grade C: 6 mls. 4 hrs. **Meet/Time:** DBSCCP at 09:15 or Ferrytoll Park & Ride to catch 651 bus to Winchburgh at 09:50 **Map Ref:** 65/NT:124820 **Description:** From Winchburgh to Queensferry via Swineburn Wood, Carmelhill and Dundas Estate mainly on paths and tracks. Return to Ferrytoll on 651 bus. **Note:** RADO
Leaders: Rose Nutt **Tel:** 01383 822669 **Mob:** 07969 198917 & Heather Haines **Mob:** 07990 660724

Wednesday 15th October

Dunfermline & West Fife: Loch Ore and Harran Hill

Grade C+: 5 mls. 3 hrs. **Meet/Time:** LPRCP at 09:30 or Small CP at entrance to Harran Hill at 10:00 **Map Ref:** 367/NT:158960 **Description:** A circular walk around Loch Ore. taking in Harran Hill either at the start or end of the walk. **Note:** CWRA
Leader: Carol Paterson **Tel:** 01383 727660 **Mob:** 07594 619245 caroljpaterson@gmail.com

Thursday 16th October

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 18th October

Blairgowrie: Loch Skiach

Grade B: 8 mls. 4.5 hrs. **Meet/Time:** WCPB at 09:15 or B898 - Layby on left hand side approx. 400 m north of Balmacneil Farm at 10:00 **Map Ref:** 52/NN:976507 **Description:** Short road section at beginning and end of walk. Circular route mainly on tracks through woodland and across moorland to Loch Skiach.
Leader: Pat Fraser **Tel:** 01250 873577 patriciafraser@btinternet.com

Dalgety Bay: Ballinluig to Dunkeld (200m ascent)

Grade C+: 9 mls. 5 hrs. **Meet/Time:** DBSCCP at 09:00 or Dunkeld North Car Park at 10:30 **Map Ref:** 52/NO:025428 **Description:** Catch the 10.38 am. bus (No.23) to Ballinluig. The walk starts at Tulliemet Road end where the bus turns and follows a very minor road serving mostly farms, followed by forestry tracks, back to Dunkeld. **Note:** RADO
Leader: Tom Dunbar **Tel:** 01383 874594 **Mob:** 07521 629229

Glenrothes: Edinburgh - Corstorphine Hill Circular

Grade C: 7mls 4.5hrs. **Meet/Time:** LCCP at 10:00 or Cramond Brig at 10:30. **Map Ref:** 66/NT:179754 **Description:** A circular walk along the River Almond to Cramond village then through Silverknowes to Corstorphine Hill and back to Cramond Brig through Barnton. **Note:** fairly steep going up Corstorphine Hill. **Note:** CWRA DWOL
Leader: K Wilcock **Tel:** 01592 654143 kathwilcock@gmail.com

Kirkcaldy: Falkland, Freuchie & East Lomond Circular

Grade B: 8.5 mls. **Meet/Time:** KRSN at 09:45 or Falkland Central (Library) car park at 10:30 **Map Ref:** 59/NO:254074 **Description:** By footpath and farm track from Falkland to Freuchie. Continue up Freuchie Den and around East Lomond. Return to Falkland via Maspie Den and estate. **Note:** RADO. CWRA.

Leader: Bill Gibson **Tel:** 01592 891319

Perth: Balmalcolm, Kingskettle, Rameldry & Burnturk. Total ascents 200m.

Grade C+: 7 mls. **Meet/Time:** ASDACP at 09:00 or Muddy Boots Farm Shop CP at 10:00 **Map Ref:** 59/NO:321084 **Description:** Circular walk on paths, farm tracks, quiet roads with field crossing via Rameldry Mill. Countryside views.

Leader: Lynn Salvin **Tel:** 01738 634628 **Mob:** 07712 298939

Sunday 19th October

Forfar: Mystery (Bring a Friend) Walk

Grade C: 6 mls. **Meet/Time:** EGCP at 10:00 **Map Ref:** 54/NO:454511 **Description:** Starting 10mins from Forfar by car, an easy circular flat walk in open countryside & farmlands. All on mud-free very minor tarmac roads & pavements. This is an ideal walk for beginners & supervised children. **Note:** RADO

Leader: Dave Phillip **Tel:** 01307 463181

Stirling & Falkirk: Glen Artney Deer Rut

Grade C: 8 mls. 4 hrs. **Meet/Time:** LACP at 09:30 or CP opposite Church in Glen Artney (on minor road off B827 Braco to Comrie) at 10:45 **Map Ref:** 57/NN:711161 **Description:** An in-out walk on good tracks from Glen Artney up Strath a'Ghlinne to catch the Deer Rut. Your chance to hear the rutting stags - there's nothing else like it! Ascent 500ft. (gradual).

Leader: Janet McNee **Tel:** 01324 872205 **Mob:** 07929 130582 janet.mcnee@googlemail.com

Tuesday 21st October

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Wednesday 22nd October

Dunfermline & West Fife: Loch Leven Heritage Trail

Grade C+: 12 mls. 4/5 hrs. **Meet/Time:** LPRCP at 09:30 or Loch Leven Mill CP Kinross at 10:00 **Map Ref:** 58/NO:118014 **Description:** A circular walk around the completed Loch Leven Heritage trail. **Note:** DWOL, CWRA

Leader: Carol Paterson **Tel:** 01383 727660 **Mob:** 07594 619245 caroljpaterson@gmail.com

Thursday 23rd October

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 25th October

Brechin: Cortachy Circular

Grade C+: 7 mls. **Meet/Time:** SNSB at 09:30 or Cortachy School CP at 10:00 **Map Ref:** 54/NO:393597 **Description:** Past Dykehead and Piper Hillock then up to Airlie Monument. Return via Captain Scott Monument. **Note:** Walk can be shortened slightly by omitting ascent to Airlie Monument.

Leader: Moira Dunbar **Tel:** 01356 622327 **Mob:** 07759 215616 moiradunbar@talktalk.net

Dundee: Loch Leven Heritage Trail

Grade B: 13 mls. 6 hrs. **Meet/Time:** CWCP at 09:45 or Loch Leven Lodges Cafe Findatie, Vane Farm at 10:30 **Map Ref:** 58/NT:160990 **Description:** Loch Leven Heritage Trail or shorter walk available on the recently completed section of path from Kinross Pier back to Findatie - Grade C (5/8 miles).

Leaders: Jean MacGillivray **Tel:** 01382 623052 **Mob:** 07932 014859 & Val MacDonald **Tel:** 01382 642728 **Mob:** 07852 815900

Dunfermline & West Fife: Benarty and Harran Hills

Grade B: 3 mls. 2 hrs. **Meet/Time:** LPRCP at 09:30 or Small CP at entrance to Harran Hill at 10:00 **Map Ref:** 367/NT:158960 **Description:** A walk up Harran Hill and onto the higher Benarty Hill above Lochs Ore and Leven. **Note:** DWOL, CWRA
Leader: Carol Paterson **Tel:** 01383 727660 **Mob:** 07594 619245 caroljpaterson@gmail.com

Kirkcaldy: Cowdenbeath - Lochgelly Circular

Grade C: 5.5 mls. **Meet/Time:** KRSN at 09:30 or Morrison's (Cowdenbeath) car park recycle area at 10:00 **Map Ref:** 58/NT:166913 **Description:** Route takes you past the wind turbines to the Auchtertool - Lochgelly Road, skirt around Lochgelly Loch through farm and return to Cowdenbeath by golf course. **Note:** RADO. CWRA.
Leader: Alison Matthews **Tel:** 01592 780450

Perth: Pitmedden Forest. Total ascents 100m.

Grade C+: 7.5 mls. **Meet/Time:** ASDACP at 09:00 or Small CP off the Glenfoot /Abernethy Glen road at start of walk at 09:45 **Map Ref:** 58/NO:189141 **Description:** moderate walk through forest on tracks with some minor road and field walking. Good views.
Leader: Kenny Valentine **Tel:** 01738 446496

Strathtay: Dunfallandy Hill

Grade C+: 8 mls. **Meet/Time:** CGCP at 09:30 or Grandtully at 09:45 **Map Ref:** 52/NN:913530 **Description:** Circular route through Strathtay golf course to Cluny Hill and out onto the open moorland and return by Ballechin Wood. **Note:** RADO
Leader: Joyce Cameron **Tel:** 01887 840343 jemcameron@hotmail.co.uk

Sunday 26th October

Broughty Ferry: Letham(Fife), Monimail, Dunbog

Grade B: 10 mls. **Meet/Time:** TBCP at 09:30 or Letham Village at 10:30 **Map Ref:** 59/NO:308145 **Description:** Walk on farm tracks, woodland and hill tracks from Letham. through Monimail with minimal ascent of Dunbog Hill to Dunbog. Return same route. **Note:** DWOL
Leader: Linda Pirie **Tel:** 01382 778490 **Mob:** 07881 369442

Glenrothes: Glenfarg and its reservoir Circular

Grade C+: 8mls 4.5hrs. **Meet/Time:** LCCP at 10:00 or Glenfarg Main Street in front of the school at 10:45. **Map Ref:** 53/NO:136108 **Description:** Scenic walk from Glenfarg via Barley Mill Kandy Craigfarg passing Glenfarg reservoir and returning via Berryknowe. **Note:** CWRA RADO
Leader: I Rankin **Tel:** 01337 830360 ishabel.rankin@mypostoffice.co.uk

Kinross and Ochil: Kenmore Hill

Grade B+: 10 mls. **Meet/Time:** BURN at 08:30 or Acharn Village Car Park at 10:00 **Map Ref:** 52/NN:756438 **Description:** Exhilarating walk with spectacular views of Kenmore and Loch Tay. Steady climb at start then easy ridge walk. **Note:** RADO, NoSC
Leader: Graham Campbell **Tel:** 01259 742593

St. Andrews & NE Fife: Enochdhu to Spittal of Glenshee Circular

Grade B+: 12 mls. **Meet/Time:** FCPC at 08:45 or Enochdhu Recycling Car Park at 10:15 **Map Ref:** 43/NO:062628 **Description:** Walk from Enochdhu to moorland overlooking Spittal of Glenshee, following Cateran Trail through forest and grouse moor. Part circular section on return. Great views. Some steep inclines and declines with height gain of over 300m. **Note:** DWOL, NoSC, Well-controlled dogs only.
Leaders: S. Dallas-Ross **Mob:** 07828 403601 sd21@st-andrews.ac.uk & S. Richmond **Tel:** 01382 542516 susanrichmond@live.co.uk

Stirling & Falkirk: Kinlochard Crannog

Grade C+: 7 mls. 4 hrs. **Meet/Time:** LACP at 09:30 or Car Park at Mill of Chon, Kinlochard at 10:30 **Map Ref:** 57/NN:447021 **Description:** Lochside and forest walk on good tracks with an initial steep ascent. Ascent 800ft.
Leader: Colin Thomson **Tel:** 01786 472726 **Mob:** 07702 636505 colinbthomson@gmail.com



Passing Ballone Castle (Perth Group in the Dornoch Area)

Wednesday 29th October

Dunfermline & West Fife: Water of Leith

Grade C: 7 mls. 3/4 hrs. **Meet/Time:** Water of Leith Visitor Centre, 24 Lanark Road at 10:30 **Map Ref:** 350/NT:221707 **Description:** Follow Edinburgh's river downstream on well-used paths through some very varied and attractive environments. Part of John Muir Way. Start Slateford, finish Leith. **Note:** Buses & trains serve start. For public transport consult leader or see www.travelinescotland.com.

Leader: Delia Cattell **Tel:** 01383 841434 **Mob:** 07751 039442 cattede@gmail.com

Thursday 30th October

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 1st November

Blairgowrie: The Hermitage and Birnam Glen

Grade C+: 7 mls. **Meet/Time:** WCPB at 09:15 or Hermitage Car Park, Dunkeld at 10:00 **Map Ref:** 53/NO:013423 **Description:** A lovely walk taking in the Hermitage, Pine Cone Viewpoint, Rumbling Falls and Birnam Glen to enjoy the autumn colours of the Dunkeld area.

Leader: Frances Cameron **Tel:** 01250 875062 ron.cameron2@btinternet.com

Dalgety Bay: Cupar Circular via Springfield (20m ascent)

Grade C: 8 mls. 4 hrs. **Meet/Time:** DBSCCP at 09:00 or Fluthers Car Park, Cupar at 10:00 **Map Ref:** 59/NO:377147 **Description:** A figure of eight walk via Cupar Muir and Simpson Bridge, on pavements and tracks. **Note:** RADO

Leader: Margaret Johnston **Tel:** 01383 860725

Forfar: Arbroath Path Network - Western Circuit

Grade C: 8 mls. **Meet/Time:** EGCP at 10:00 or Arbroath Harbour at 10:30 **Map Ref:** 54/NO:644405 **Description:** Western Circuit - part of the Arbroath Path Network. Starting at the harbour, following the sea shore through open farmland and Hercules Den to St Vigeans, before returning to the harbour.

Leader: Myra Miller **Tel:** 07419 122330

Glenrothes: Kirkcaldy- Auchterderran to Chapel (linear)

Grade C: 5.5mls 3.5hrs. **Meet/Time:** LCCP at 9:30 or 10.23 Sainsbury's car park Kirkcaldy to take No.33 bus or Jamphlars Terrace bus stop, Auchterderran at 10.40 at 10:00. **Map Ref:** 58/NT:278902 **Description:** From Jamphlars Terrace bus stop, walk through Bowhill Community Woodland and Carden Den to Carden Tower. Then by north side of Sunnyside Plantation to Dothan and Chapel. Mostly flat, some steps. **Note:** CWRA DWOL . Remember bus pass.

Leader: D Arnott **Tel:** 01383 510698/07961527730 doreen.arnott@talktalk.net

Perth: Glen Fender. Total ascents 350m.

Grade B: 9 mls. **Meet/Time:** ASDACP at 08:50 or Amulree village hall at 10:00 **Map Ref:** 52/NN:899364 **Description:** Ascent of Glen Fender to circumvent the top of the Glen. Returning via Kinloch Burn. Entire route on land rover tracks.

Leader: Roger Brickell **Tel:** 01764 656114 **Mob:** 07733 317725 roger@brickell.eclipse.co.uk

Sunday 2nd November

Kirkcaldy: Muckhart, Rumbling Bridge Circular

Grade C: 8.5 mls. **Meet/Time:** KRSN at 09:00 or Muckhart Village Hall at 10:00 **Map Ref:** 58/NN:999005 **Description:** Following paths, tracks and road through lovely countryside to Crook of Devon, along River Devon to the Gorge, returning via Muckhart Mill. **Note:** DWOL. CWRA.

Leader: Liz Greig **Tel:** 01592 653682 **Mob:** 07919 985239

Stirling & Falkirk: Conic Hill

Grade B: 7.9 mls. 5 hrs. **Meet/Time:** LACP at 09:30 or Balmaha CP at 10:30 **Map Ref:** 56/NS:421909 **Description:** A circular walk via Milton of Buchanan, north to WHW and west over Conic Hill, descending to reach the shore of Loch Lomond from where it is a short walk back to Balmaha. Ascent 360m.

Leader: Phil Seale **Tel:** 01786 447107 **Mob:** 07840 957215 phil@philseale.co.uk

Monday 3rd November

St. Andrews & NE Fife: Group AGM

Meet/Time: Cupar Y at 19:00 **Description:** Group Annual General Meeting for 2014.

Contact: W. Aitken **Tel:** 01334 470066 **Mob:** 07908 721466 wh.aitken@virgin.net

Tuesday 4th November

Dundee: Annual General Meeting

Meet/Time: Lochee Bowling Club, Muirton Road, Dundee at 19:00 **Description:** Hopefully the business part will be short and a tasty supper will be provided at a cost of £2 :per person. Payable on the night. Please contact Brian or Jean for catering numbers.

Contact: Brian or Jean MacGillivray **Tel:** 01382 623052

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Kirkcaldy: Langtoun Daunders - Middle Balbeggie by Millennium Wood

Grade C: 5.5 mls. **Meet/Time:** KRSN at 10:00 or Dunnikier Golf Club /Hotel at 10:15 **Map Ref:** 59/NT:279944 **Description:** By Millennium Wood, Dunnikier Den and woods to Middle Balbeggie and Garden Wood. Intended lunch venue is Dunnikier House Hotel. **Note:** DWOL. CWRA.

Leader: Ruth Beddall **Tel:** 01592 260578

Thursday 6th November

Glenrothes: A.G.M

Contact: C & B Barton **Tel:** 01383 725859 chrisandbetty@glenrothesramblers.co.uk

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Kirkcaldy: Annual General Meeting

Meet/Time: St Bryce Church, Kirkcaldy at 19:30 **Description:** An opportunity for members to select their committee and to air their views. Please come along, have your say and support your Group.

Saturday 8th November

Brechin: Norman's Law Circular

Grade C+: 6 mls. **Meet/Time:** SNSB at 09:30 or Luthrie Village at 11:00 **Map Ref:** 59/NO:331196

Description: Level walk on minor road and tracks followed by short, sharp ascent of Norman's Law (285 m /935 ft). Return via Denmuir.

Leader: Colin Whyte **Tel:** 01356 622283 **Mob:** 07949 402506 colinwhyte@colinwhyte.plus.com

Dundee: Brechin to Burghill Circuit

Grade C: 6 mls. 3 hrs. **Meet/Time:** CWCP at 09:30 or Brechin Castle Centre at 10:30 **Map Ref:**

54/NO:575598 **Description:** Circular walk through woods, some road walking.

Leader: Linda Mitchell **Tel:** 01241 431641

Kinross and Ochil: Turflundie Wood and Pitcairle Hill

Grade C: 6.5 mls. **Meet/Time:** RASCP at 09:30 or Pitmedden Forest Car Park at 10:00 **Map Ref:**

370/NO:188141 **Description:** Easy walk on forest tracks with great views south to the Lomonds and north to the Sidlaws. 130 metres ascent overall. WALK FOLLOWED BY AGM IN GLENFARG HOTEL. DETAILS TO FOLLOW.

Leaders: Alan Bridges **Tel:** 01577 866813 & Jacqui Ritchie **Tel:** 01577 866813

Perth: Perth Ramblers Group Annual General Meeting & speaker (SCAA)

Meet/Time: Ex-Servicemen's Club, 20 Milne Street, Perth at 09:45 **Description:** AGM at 9.45 for 10.00 Free tea/coffee. Business meeting including nominations for committee members and officers please. Speaker from Scottish Charity Air Ambulance. Donations to SCAA would be appreciated. Stay for lunch at reasonable rates.

Contact: Trevor Abell **Tel:** 01738 813123

St. Andrews & NE Fife: Bishop Hill Circular

Grade B: 7.5 mls. **Meet/Time:** FCPC at 09:45 or Holl Reservoir Car Park off A911 west of Leslie

at 10:30 **Map Ref:** 58/NO:224035 **Description:** Circular walk on farm tracks, gradually ascending to Bishop Hill. Ridge walk with fine views to Loch Leven and beyond. Return via sharp descent to John Knox Pulpit, Glen Vale and Harperleas Reservoir. Some steep climbs and declines--350m.

Note: RADO, NoSC.

Leader: J. Coates **Tel:** 01337 831113

Sunday 9th November

Broughty Ferry: Glamis Orland's Stone

Grade C: 8 mls. **Meet/Time:** OCCP at 09:45 or Roadside Parking Glamis - Linross Road at 10:30

Map Ref: 54/NO:374486 **Description:** Circular walk mostly on tracks. **Note:** DWOL

Leader: Aileen Allan **Tel:** 01382 775546

Dunfermline & West Fife: Loch Turret & Auchnafree Hill

Grade B+: 8 mls. 5.5 hrs. **Meet/Time:** LPRCP at 08:00 or Loch Turret dam car park at 10:00 **Map**

Ref: 52/NN:821264 **Description:** Good tracks on hill path to a Corbett summit on the Highland edge. Scenic walk along the shores of Loch Turret then a steady uphill to Auchnafree Hill, with great views to Lowlands and Highlands. Descent is on a rougher heather path. **Note:** DWOL, NoSC

Leader: Grant Robertson **Tel:** 01383 729171 **Mob:** 07770 976246 grobert50@tesco.net

Glenrothes: Kirkcaldy West and North circular

Grade C+: 7mils 4hrs. **Meet/Time:** LCCP at 10:00 or Beveridge Park CP at 10:30. **Map Ref:** 59/NT:273908 **Description:** Kirkcaldy north on 2 core paths towards Torbain lodge area and return to Beveridge Pk. **Note:** CWRA DWOL . .

Leader: D Mathieson **Tel:** 07535 813423 don2908@yahoo.co.uk

Kirkcaldy: Autumn Woods at Dalgety Bay

Grade C: 8.5 mls. **Meet/Time:** KRSN at 09:15 or Dalgety Bay Railway Station car park at 10:00 **Map Ref:** 65/NT:149841 **Description:** A walk linking woods in and around Fordell Estate and Dalgety Bay. Mainly on footpaths and tracks, some tarmac and possibly some mud. Last day for reservation & payment (£13.50 including tip) of Group Winter Evening Meal on Sunday 30th Nov. **Note:** RADO. CWRA. For details of Group Winter Evening Meal at Dunnikier Golf Club on 30th November contact Liz Greig Tel. 01592 653682.

Leader: Ruth Beddall **Tel:** 01592 260578

Stirling & Falkirk: Hopetoun Estate

Grade C: 8 mls. 4 hrs. **Meet/Time:** LACP at 09:30 or Hopetoun New Garden Centre Car Park EH52 6QZ at 10:30 **Map Ref:** 65/NT:077774 **Description:** Walk to Blackness via Shore Wood and return via Abercorn. Ascent 500ft.

Leader: Hilary Thomson **Tel:** 01786 472726 **Mob:** 07834 529694 hilarydthomson@gmail.com

Strathtay: Dun Coillich

Grade C+: 6 mls. **Meet/Time:** CGCP at 09:30 or Dun Coillich CP at 09:45 **Map Ref:** 52/NN:768528 **Description:** Dun Coillich is local community land managed by Highland Perthshire Communities Land Trust. Paths have been marked and there are good views from the highest point. Continue on to Braes of Foss. **Note:** RADO

Leader: Muriel Findlay **Tel:** 01887 820095 murfin41@btinternet.com

Thursday 13th November

Dalgety Bay: Roamers - In & around Burntisland (minimal ascent)

Grade C: 4 mls. 2 hrs. **Meet/Time:** Meadowfield Bus Stop at 09:25 or Burntisland Porte Bus Stop at 10:00 **Map Ref:** 65/NT:234858 **Description:** A walk including the Coastal Path and historic Burntisland. **Note:** RADO

Leader: June Wright **Tel:** 01383 822358

Dunfermline & West Fife: Hill of Beath

Grade C+: 5 mls. 3 hrs. **Meet/Time:** LPRCP at 10:00 or Hill of Beath village behind Torbeith Gdns off B912 at 10:15 **Map Ref:** 367/NT:151904 **Description:** Around Dalbeath nature Reserve then up to summit of Hill of Beath. Return via village. **Note:** RADO, NoSC

Leader: Olive Inglis **Tel:** 01383 842693 **Mob:** 07773 995015 oliveminglis@aol.com

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Stirling & Falkirk: AGM

Meet/Time: Mayfield Centre, St. Ninians at 19:30 **Description:** An opportunity for you to choose and vote for your committee and to air your views and make suggestions for future walks, weekend trips and social events.

Contact: Janet McNee **Tel:** 01324 872205 **Mob:** 07929 130582 janet.mcnee@googlemail.com

Saturday 15th November

Blairstown: Loch Bhac

Grade B: 8 mls. **Meet/Time:** WCPB at 09:15 or House of Bruar Car Park at 10:30 **Map Ref:** 43/NN:821659 **Description:** Starting along Loch Garry, then on to open moorland climbing to 1,200 feet. Deciduous woodland and open views after the loch.

Leader: Sean Galbally **Tel:** 01250 874667 seangalbally@talktalk.net

Glenrothes: Burnturk - Clatto Hill Circular

Grade C: 5.5mils 3.5hrs. **Meet/Time:** LCCP at 10:00 or Pets cemetery car park near Middlefield farm by Burnturk at 10:30. **Map Ref:** 59/NO:327068 **Description:** A local walk with good views on tracks rights of way and forest to Clatto Hill returning by Downfield farm and Newhall. **Note:** CWRA RADO

Leader: S Galloway **Tel:** 0159 2369497 **alexandergalloway3116@gmail.com**

Kirkcaldy: Clatto Reservoir & Cults Hill

Grade C+: 7 mls. **Meet/Time:** KRSN at 09:15 or Gateway to Community Woodland at Clatto at 10:00 **Map Ref:** 59/NO:347076 **Description:** A circular walk on farm tracks, minor roads and rough ground with one short challenging stretch. **Note:** RADO. CWRA.

Leader: Margaret Miller **Tel:** 01592 266956

Perth: Laggan Hill, Crieff. Total ascents 200m.

Grade C+: 5.5 mls. **Meet/Time:** ASDACP at 09:40 or Taylor Park CP, Turretbank Road, Crieff at 10:30 **Map Ref:** 52/NN:857221 **Description:** A walk following good tracks and paths over a low hill returning beside the River Earn. **Note:** RADO, CWRA.

Leader: Conrad Peat **Tel:** 01738 840487 **Mob:** 07867 776683

Sunday 16th November

Dalgety Bay: Kingseat, Tarmangie & Whitewisp (800m ascent)

Grade B+: 7 mls. 5 hrs. **Meet/Time:** DBSCCP at 08:30 or Burnside Car Park, Dollar at 09:30 **Map Ref:** 58/NS:963981 **Description:** Strenuous walk over the named summits, descending via Saddle Hill. **Note:** RADO, NoSC, Phone leader before travelling to start point, as the walk may be changed due to adverse weather.

Leader: Ian Bruce **Tel:** 01383 616062 **Mob:** 07518 154237 **ianbruce100@btinternet.com**

Forfar: Monikie

Grade C+: 6 mls. **Meet/Time:** EGCP at 10:00 or Monikie Country Park at 10:30 **Map Ref:** 54/NO:503384 **Description:** A circular walk starting from Monikie Country Park Car Park on good paths around Newbigging and affording panoramic views over the Tay Estuary. Returning to car park via Cunmont Hill and Pitairlie Wood.

Leader: David & Elizabeth Anderson **Tel:** 01382 370 980

Stirling & Falkirk: Hillend Reservoirs

Grade C+: 8 mls. 4 hrs. **Meet/Time:** LACP at 09:30 or car park at Airdrie & District Angling Club. Off A89 Old Glasgow to Edinburgh road, south east corner of the loch. at 10:30 **Map Ref:** 65/NS:846671 **Description:** An attractive and interesting walk combining the Hillend Loch Railway Path with moorland paths around Lilly Loch and Hillend Loch near Caldercruix. The terrain includes cycle path, moorland path, quad bike path, grassy path, lochside path.

Leader: Janette Seale **Tel:** 01786 447107 **Mob:** 07709 957317 **janette.seale@hotmail.co.uk**

Tuesday 18th November

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 20th November

Dalgety Bay: Group AGM

Meet/Time: The Bay Inn at 19:30 **Description:** Members are encouraged to attend.

Contact: Rose Nutt **Tel:** 01383 822669 **Mob:** 07969 198917

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 22nd November

Brechin: Dalbrack Circular

Grade C+: 8.5 mls. **Meet/Time:** SNSB at 09:30 or Dalbrack bridge at 10:30 **Map Ref:** 44/NO:469783 **Description:** Level riverside walk along to Keenie then ascent to Cowie Hill (440 m /1,445 ft) and return to Dalbrack. Alternative easier walk returns direct from Keenie.

Leader: Morag Boyd **Tel:** 01674 830657

Dalgety Bay: **Beecraigs Country Park, Witchcraig and Cockleroy (250m ascent)**
Grade C+: 7 mls. 4 hrs. **Meet/Time:** DBSCCP at 09:30 or Beecraigs Country Park Visitor Centre at 10:15 **Map Ref:** 65/NS:998741 **Description:** A circular walk on good paths through the Country Park and ascend to the top of Witchcraig and then to Cockleroy Hill. There are a few stiles.
Leader: Matsue Williams **Tel:** 0131 332 4395

Dundee: **Edzell to Rocks of Solitude**
Grade C: 6 mls. 3.5 hrs. **Meet/Time:** CWCP at 09:00 or Edzell Post Office at 10:00 **Map Ref:** 45/NO:689601 **Description:** Paths to Gannochy Bridge (on west bank of North Esk) & Rocks of Solitude. Return from Gannochy Bridge by east bank.
Leaders: Stewart MacDonald **Tel:** 01382 642728 **Mob:** 07960 624539 & Val MacDonald **Tel:** 01382 642728 **Mob:** 07852 815900

Dunfermline & West Fife: **Circular - Perth - Kinnoull & Deuchary Hill - Scone**
Grade B: 9 mls. 5 hrs. **Meet/Time:** Opposite Ferguson Gallery at North tip of South Inch (Shore Rd opp. Car Park) at 10:00 **Map Ref:** 58/NO:120231 **Description:** Varied woodlands, an arboretum, wonderful views, an ancient track and sculptures too. **Note:** DWOL, NoSC
Leader: Delia Cattell **Tel:** 01383 841434 **Mob:** 07751 039442 cattde@gmail.com

Kirkcaldy: **Forth Road Bridge 50th Birthday Walk**
Grade C: 6 mls. **Meet/Time:** KRSN at 09:00 or as you enter Inverkeithing by car from the Ferrytoll Park & Ride Roundabout take the first right then first left. Park on side of road adjacent the building at 09:30 **Map Ref:** 65/NT:126819 **Description:** Return walk across Forth Road Bridge using both footpaths. At time of print, both footpaths are to be open on a Saturday. **Note:** RADO. CWRA.
Leader: Alex Donald **Mob:** 07943 871219

Perth: **Dun Mor and Dallick. Total ascents 420m.**
Grade B: 8 mls. **Meet/Time:** ASDACP at 08:55 or Buchanty Spout CP at 09:30 **Map Ref:** 58/NN:933283 **Description:** Via Buchanty Loch and Greenfield onto open moorland, then westwards to Dun Mor fort site, returning past Dallick and Millroogie.
Leader: John Andrews **Tel:** 01738 827275 **Mob:** 07526 884953 john@jdandrews.co.uk

St. Andrews & NE Fife: **Balcaskie, Kellie and Gillingshill Circular**
Grade C+: 8 mls. **Meet/Time:** FCPC at 09:30 or St Monans Kirk Car Park at 10:15 **Map Ref:** 59/NO:526016 **Description:** Walk through Balcaskie and Kellie estates to nature reserve at Gillingshill reservoir to enjoy the autumn tree foliage. Return by different paths. Undulating terrain with some road walking. **Note:** RADO, NoSC
Leader: N. Haxell **Tel:** 01334 839117 nickyhax@gmail.com

Strathay: **Meall Clachach**
Grade B: 7 mls. **Meet/Time:** CGCP at 09:30 or Killin CP at 10:00 **Map Ref:** 51/NN:574332 **Description:** Follow the old railway line to Loch Tay and past Moirilanich Longhouse to climb Meall Clachach and Sron a Chlachain. Ascent 1,800 ft. **Note:** RADO
Leader: Jenny Rees **Tel:** 01887 830521 jenny.rees@virgin.net

Sunday 23rd November

Broughty Ferry: **Errol - Port Allen**
Grade C: 7 mls. **Meet/Time:** CWCP at 10:00 or Errol Village (near square) at 10:30 **Map Ref:** 53/NO:251229 **Description:** Walk on tracks, with some minor road walking, to Port Allen. **Note:** DWOL
Leader: Steve Carmichael **Tel:** 01382 534119

Glenrothes: **Ladybank - Howe of Fife Circular**
Grade C+: 8mls 4.5hrs. **Meet/Time:** LCCP at 10:00 or golf club CP Ladybank at 10:30. **Map Ref:** 59/NO:304104 **Description:** A circular walk from Ladybank mainly on farm tracks via Annsmuir The Bow of Fife and through Rankeilor Estate to Springfield returning along the railway all on flat ground. **Note:** CWRA RADO . .
Leader: G Christie **Tel:** 01592 743282 grant911a@yahoo.co.uk

Kinross and Ochil: Carron Glen and Loch Coulter

Grade C+: 7.5 mls. **Meet/Time:** BURN at 09:00 or Mill Car Park at 10:00 **Map Ref:** 57/NS:798828 **Description:** Steady walk up Carron Glen then around Loch Coulter Reservoir and return. **Note:** RADO, NoSC
Leader: Peter Edgerton **Tel:** 01577 840449

Stirling & Falkirk: East Kilbride Calderglen

Grade C: 7.5 mls. 3.5 hrs. **Meet/Time:** LACP at 09:30 or Calderglen Visitor Centre CP at 10:30
Map Ref: 64/NS:656526 **Description:** The walk follows the course of Calder Water to Langlands Moss and back. Good paths, though muddy in places and steep in others.
Leader: James Higgins **Tel:** 01786 470641 jameshig0@gmail.com

Wednesday 26th November

Dunfermline & West Fife: FCP - Inverkeithing to Burntisland

Grade C: 8.5 mls. 3.5 hrs. **Meet/Time:** LPRCP at 09:30 or Ballast Bank CP Inverkeithing at 10:00
Map Ref: 367/NT:135825 **Description:** Non-strenuous walk along Coastal Path. Return by bus from Burntisland. **Note:** DWOL, CWRA
Leader: David Lloyd **Tel:** 01383 621640 **Mob:** 07816 057202



Thursday 27th November

Dalgety Bay: Programme Planning Meeting

Meet/Time: The Bay Inn at 19:30 **Description:** Come along and discuss the programme for next summer. All members are welcome to attend. It would be helpful if walks could be submitted by hand or email one week prior to the meeting.
Contact: Andrew Lees **Tel:** 01383 611750 **Mob:** 07901 806024 piano.man@btinternet.com

Dunfermline & West Fife: Annual General Meeting

Meet/Time: Dell-Farquharson Centre at 19:30
Contact: Delia Cattell **Tel:** 01383 841434 **Mob:** 07751 039442 cattde@gmail.com

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 29th November

Blairgowrie: Glenmarkie

Grade C+: 8 mls. **Meet/Time:** WCPB at 09:30 or Car Park opposite Freuchies at 10:30 **Map Ref:** 44/NO:225608 **Description:** Circular walk on forestry tracks with good views.

Leader: Mike Morris **Tel:** 01828 632548 **morris.inchley@btinternet.com**

Dalgety Bay: Falkland Circular (360m ascent)

Grade B: 7 mls. 4.5 hrs. **Meet/Time:** DBSCCP at 09:30 or Main car park in centre of Falkland at 10:30 **Map Ref:** 59/NO:254075 **Description:** Falkland to Coalpit Den, Maspie Den, Melville Tower then back to Falkland, good tracks, a little road walking. **Note:** RADO, NoSC.

Leader: Andrew Lees **Tel:** 01383 611750 **Mob:** 07901 806024 **piano.man@btinternet.com**

Forfar: Forfar Circular (Followed by A.G.M)

Grade C: 5.5 mls. **Meet/Time:** EGCP at 10:00 **Map Ref:** 54/NO:454511 **Description:** Along Dundee Road to South Leckaway via The Whirlies to Glamis Road, then on to Lochside. A.G.M. will take place at 14.00 in St John's Church Hall. All Welcome.

Leader: Dorothy Hutcheon **Tel:** 01307 468034

Glenrothes: Glendevon- Steele's Knowe circular

Grade B: 7mls 4.5hrs. **Meet/Time:** LCCP at 10:00 or Park at access entrance to wind turbine farm (1/4 mile on from Tormaukin Hotel), Glendevon. at 11:00. **Map Ref:** 58/NN:980052 **Description:** A scenic walk following the right of way to top of Borland Glen (approx 750ft altitude gain) and follow the line of wind turbines to Steele's Knowe, returning by the wind turbine access road. **Note:** NoSC RADO

Leader: C Mackie **Tel:** 01592 756058 **catherineannmackie@hotmail.co.uk**

Perth: Obney Hill Circular. Total ascents 500m.

Grade B: 8.5 mls. **Meet/Time:** ASDACP at 09:00 or On roadside of B867 (Bankfoot to Birnam) close to old quarry about half mile from A9 junction near Birnam at 09:30 **Map Ref:** 52/NO:040404 **Description:** Skirt below Birnam Hill to Stare Dam, through woodland and up to Obney Hill (403m). Then follow Glen Garr to Balhomish Farm then Inchewan Burn back towards Birnam.

Leader: Trevor Abell **Tel:** 01738 813123 **Mob:** 07913 288098 **tmbabell@gmail.com**

Sunday 30th November

Kirkcaldy: Annsmuir, Springfield Circular & Evening Meal

Grade C: 6 mls. **Meet/Time:** KRNSN at 11:30 or Heggie's Muir Wood car park (back road Pitlessie to Ladybank) at 12:15 **Map Ref:** 59/NO:316103 **Description:** Circular route using paths and tracks with some road walking. Walk shall be followed with an evening meal at Dunnikier Golf Club, 16.30 for 17.00, when non walkers may join. **Note:** DWOL. CWRA.

Leaders: Elma Jackson **Tel:** 01592 200334 & Nancy Davies **Tel:** 01592 262260

Stirling & Falkirk: Rumbling Bridge

Grade C+: 8 mls. 4.5 hrs. **Meet/Time:** LACP at 09:30 or CP at Coronation Hall Muckhart at 10:15 **Map Ref:** 58/NN:999005 **Description:** A circular walk between Pool of Muckhart and Rumbling Bridge on minor roads and tracks. Ascent 180ft. **Note:** Because of limited parking, please car share where possible.

Leader: Fiona McMurray **Tel:** 01324 632740 **Mob:** 07814 995319 **fionanmcmurray@btinternet.com**

Tuesday 2nd December

Dundee: Christmas Meal

Meet/Time: Queens Hotel, Dundee at 19:30 **Description:** Once again we are having our meal at the Queens Hotel. Cost £16. Name and £5 deposit to Nessie Cowie ASAP and balance paid by 2nd November. Cheques payable to N. Cowie.

Contact: N Cowie **Tel:** 01382 507682

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Kirkcaldy: Langtoun Daundersers - Coaltown of Wemyss to Pathhead Linear

Grade C: 4.5 mls. **Meet/Time:** Kirkcaldy Bus Station for X60 bus (departs 10.22) at 10:15 or Entrance to Wemyss Castle Estate, Coaltown of Wemyss at 10:33 **Map Ref:** 59/NT:323958

Description: Through Wemyss Estate to West Wemyss then along coast to Ravenscraig and Pathhead. Path Tavern is intended lunch venue. Frequent buses to town centre from Ravenscraig Flats. **Note:** DWOL. CWRA. Please check times with leader before walk.

Leader: Ruth Beddall **Tel:** 01592 260578

Thursday 4th December

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Friday 5th December

Kirkcaldy: Summer 2015 Walks Programme

Description: Suggestions for 'Summer Walks Programme' to Brian Clark (Walks Prog. Co-Ordinator) by 30th December 2014.

Saturday 6th December

Brechin: Lunan Bay to Ethie Haven

Grade C: 6 mls. **Meet/Time:** SNSB at 09:30 or Lunan Bay CP at 10:00 **Map Ref:** 54/NO:691515
Description: Along the beach from Lunan Bay to Corbie Knowe then round to Ethie Haven and return.

Leader: Irene McCool **Tel:** 01356 623521

Dundee: Tayport Circular

Grade C: 5.5 mls. **Meet/Time:** TBCP at 10:15 or Harbour Car Park at 10:30 **Map Ref:** 54/NO:460291 **Description:** Leaving Harbour, walk along coastal path then through wooded area skirting Tayport.

Leaders: Pat Hargraves **Tel:** 01307 462882 **Mob:** 07986 423328 & Martha McCallin **Tel:** 01307 462277

Kinross and Ochil: Introduction to the Kelpies

Grade C: 5 mls. **Meet/Time:** BURN at 9.30 or RASCP at 09:30 or Car Park at South end of Skinflats adjacent to River Carron at 10:15 **Map Ref:** 65/NS:908824 **Description:** Pleasant winter walk to see the new Kelpies Park, followed by a linear walk along the canal to Beefeater Bistro in Falkirk. Return by the same route. **Note:** DWOL, CWRA

Leader: Andrew Black **Tel:** 01259 743457

Kirkcaldy: Fordell Glen & Calais Muir Wood

Grade C+: 8.5 mls. **Meet/Time:** KRSN at 09:15 or Dalgety Bay Railway Station car park at 10:00 **Map Ref:** 65/NT:149841 **Description:** A walk through woodland and open countryside with the possibility of some fine views. **Note:** RADO. NoSC.

Leader: Ros & Mike Fairgrieve **Tel:** 01592 784454

Perth: Round Pitcairnie Hill - Pitmedden Forest

Grade C+: 6.5 mls. **Meet/Time:** ASDACP at 09:10 or Pitmedden Forest CP, 2miles up Abernethy Glen on the left hand side at 10:00 **Map Ref:** 58/NO:189141 **Description:** Pleasant walk on good forest tracks with some gentle climbing. Good views around Pitcairnie Hill. **Note:** Small car park please CAR SHARE.

Leader: Elspeth Bryce **Tel:** 01738 632645 **Mob:** 07787 140509

Sunday 7th December

Broughty Ferry: Arbroath Auchmithie

Grade C: 7 mls. 4 hrs. **Meet/Time:** OCCP at 10:00 or Arbroath Cliffs C/P at 10:30 **Map Ref:** 54/NO:658411 **Description:** Circular walk to Auchmithie by Carlinheugh Bay and return by Seaton. **Note:** DWOL

Leader: Alex Kelman **Tel:** 01382 776928 **Mob:** 07840 732842

Dunfermline & West Fife: Historic Dunfermline

Grade C: 5 mls. 2.5 hrs. **Meet/Time:** LPRCP at 10:30 **Map Ref:** 65/NT:099879 **Description:** A leisurely stroll around Dunfermline highlighting the points of interest. If fine, the walk will be extended into the local countryside. **Note:** CWRA

Leader: Jean Barclay **Tel:** 01383 432495 **jean.barclay@tiscali.co.uk**

Glentworth: A choice of two walks followed by a festive meal

Grade C: 7/5 mls. 4.5/3.5 hrs. **Meet/Time:** LCCP for longer walk at 11:00 or Car Park behind St. Columbas Church for short walk at 13:00 **Description:** Two easy walks with the object of preparing you for a Christmas High Tea at Meldrums Hotel (Ceres) at 4 pm (those who are not walking are welcome and should meet at hotel by 3.30pm). **Note:** RADO, CWRA, To ensure a place, please book at least two weeks before (long walk - John Duncan or short walk - Donald Cumming).

Leaders: J Duncan **Tel:** 01337 831888 **john@johnandmorven.co.uk** & D Cumming & D Bell **Tel:** 01592 742782 01592 630296

Stirling & Falkirk: Blackford and Gleneagles Circular

Grade C: 7.4 mls. 4 hrs. **Meet/Time:** LACP at 09:30 or Eaglesgate Retail Village (i.e. Baxters) CP in Blackford (preferably the end furthest away from the shops) at 10:15 **Map Ref:** 58/NN:895088 **Description:** This undemanding walk follows a right of way across Gleneagles Golf Course, passing near Gleneagles Hotel, before returning to Blackford via another right of way across the golf course. Ascent 80m.

Leader: Phil Seale **Tel:** 01786 447107 **Mob:** 07840 957215 **phil@philseale.co.uk**

Strathtay: Drummond Hill

Grade C+: 7 mls. **Meet/Time:** CGCP at 09:30 or Kenmore CP at 09:45 **Map Ref:** 52/NN:774453 **Description:** Circular route up and around Drummond Hill. There is a well preserved fort at the Northeast end. **Note:** RADO

Leader: Alistair Cameron **Tel:** 01887 820555 **alistair@cameron2.plus.com**

Wednesday 10th December

Dunfermline & West Fife: Menstrie Glen

Grade C+: 6 mls. 3 hrs. **Meet/Time:** LPRCP at 10:00 or Dumyat Leisure centre CP Menstrie at 10:45 **Map Ref:** 366/NS:850969 **Description:** Zig-zag ascent of Menstrie Glen on rough vehicle track. Continue as far as Lossieburn Reservoir. Return by lower river-side path. **Note:** DWOL, NoSC

Leader: Alan Paul **Tel:** 01383 727875 **Mob:** 0773 9169674 **apaspaul9@gmail.com**

Thursday 11th December

Dalgety Bay: Roamers - Dalgety Bay to Aberdour (minimal ascent)

Grade C/D: 5/2.5 mls. 3/4 hrs. **Meet/Time:** Dalgety Bay Library at 10:00 **Map Ref:** 65/NT:156835 **Description:** A walk along the Coastal Path with seasonal refreshment in Aberdour. Return by bus or on foot. If walking back, the full distance is 5 miles. **Note:** RADO

Leader: Donald Wallace **Tel:** 01383 822905

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 13th December

Blairgowrie: Camperdown Park /Templeton Woods

Grade C: 6.5 mls. **Meet/Time:** WCPB at 10:00 or Car Park to south east of Camperdown House at 10:30 **Map Ref:** 54/NO:361325 **Description:** A walk through Camperdown Country Park into Templeton Woods around Clatto Country Park Reservoir. Return through Templeton Woods to Camperdown Park.

Leader: Jean Stewart **Tel:** 01250 875008 **stewart.js@btinternet.com**

Dalgety Bay: Christmas Lunch at the Sands Hotel, Burntisland

Meet/Time: Description: Details regarding the morning walk and the Christmas lunch will be notified to members by email and post.

Contact: Rose Nutt **Tel:** 01383 822669 **Mob:** 07969 198917

Forfar: Glamis/Charleston (Followed by Christmas Meal)

Grade C: 6 mls. **Meet/Time:** EGCP at 10:30 or Strathmore Arms Car Park at 10:50 **Map Ref:** 54/NO:384468 **Description:** A pleasant walk around Glamis or Charleston, depending on weather, followed by Christmas Lunch in the Strathmore Arms, Glamis at 1pm. Contact Christine by 22nd November to book your place.

Leader: Christine Ferguson **Tel:** 01382 532384

Glenrothes: St Andrews – The Lade Braes and The Sands circular

Grade C+: 8mls 4.5hrs. **Meet/Time:** LCCP at 10:00 or Car Park at North Haugh at 10:45. **Map Ref:** 59/NO:502168 **Description:** An easy town and beach walk in and around St Andrews, taking in some interesting buildings and views. **Note:** NoSC RADO . .

Leader: M Laing **Tel:** 01337832724

Kirkcaldy: Kirkcaldy Walk

Grade C+: 9 mls. **Meet/Time:** KRSN at 09:00 **Map Ref:** 59/NT:274917 **Description:** A winter walk on pavements, pedestrian crossings and various paths. Past, or through, four Kirkcaldy graveyards. **Note:** RADO. CWRA.

Leader: Alex Donald **Mob:** 07943 871219

Perth: Christmas Lunch and walk at Scone

Grade C+: 4/5 mls. **Meet/Time:** Wheel Inn CP, Scone at 09:30 **Map Ref:** 58/NO:138264 **Description:** Short walk, dependent on weather, followed by Christmas meal at Wheel Inn, Scone. Lunch 12.30 for 13.00 Regular bus No.7 between Perth and Scone. See Perth Newsletter for details. **Note:** Walkers please bring Bus Pass.

Leader: Lynn Salvin **Tel:** 01738 634628 **Mob:** 07712 298939

St. Andrews & NE Fife: Christmas Lunch with pre-lunch walk option

Meet/Time: Monturpie Guest House & restaurant on A915 at 12:30 **Description:** Christmas Lunch should be booked with Will Aitken by 30th November. There will be a short circular walk (approx 4.5 miles) to Lower Largo, starting from Monturpie Car Park at 10:15. Paths (may be muddy after rain) and roadside walking.

Contact: W. Aitken **Tel:** 01334 470066 **Mob:** 07908 721466 **wh.aitken@virgin.net**



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Sunday 14th December

Kinross and Ochil: Xmas Walk and Lunch -Kinross Milnathort Circular

Grade C: 4.5 mls. **Meet/Time:** BURN at 10:00 or RASCP at 10:30 **Map Ref:** 58/NO:118042
Description: Circular walk on paths and woodland around Kinross and Milnathort, followed by Xmas Lunch at Balgeddie (details of cost + menu will be circulated later). **Note:** RADO, NoSC
Leader: Margaret Best **Tel:** 01577 864112

Stirling & Falkirk: River Carron

Grade C: 8 mls. **Meet/Time:** LACP at 09:30 or Union Inn, Camelon at 10:15 **Map Ref:** 65/NS:866800 **Description:** An easy walk on good paths, using some of the Falkirk Core Paths network. **Note:** CWRA, THIS IS THE FINAL DATE TO SUBMIT WALKS FOR THE SUMMER PROGRAMME TO FIONA.

Leader: Mary Westall **Tel:** 01324 625003 **Mob:** 07528 671014 marywestall14@btinternet.com

Tuesday 16th December

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 18th December

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 20th December

Brechin: Christmas Walk and Lunch

Grade C: 4 mls. **Meet/Time:** SNSB at 10:00 **Description:** A short leisurely walk followed by Christmas Lunch. Details of walk and lunch to be advised.

Leader: Helen Simpson **Tel:** 01356 624583 bill_simpson@btinternet.com

Dunfermline & West Fife: Aberdour & Christmas Lunch

Grade C/C+: 2/3 mls. 2 hrs. **Meet/Time:** LPRCP at 09:30 or Aberdour Railway Station CP at 10:00 **Map Ref:** 367/NT:191854 **Description:** A short walk around Aberdour followed by Christmas lunch at the Cedar Inn at 12 noon. Booking is essential, please show your interest to Carol by 31st October 2014. **Note:** NoSC

Leader: Carol Paterson **Tel:** 01383 727660 **Mob:** 07594 619245 caroljpaterson@gmail.com

Perth: Around Dunbog

Grade B: 8.5 mls. **Meet/Time:** ASDACP at 08:50 or at Glenduckie, Dunbog Community /School CP at 09:30 **Map Ref:** 59/NO:289186 **Description:** Circular route by Dunboghill, Ayton Smithy and Glenduckie Hill. Mainly country tracks but some rough ground.

Leader: Rachel Gillespie **Tel:** 01738 621016 rachelgillespie@talktalk.net

Stirling & Falkirk: Christmas Lunch and Walk

Meet/Time: Woodside Hotel Doune at 10:00 **Map Ref:** 57/NN:725016 **Description:** A short local walk before Christmas Lunch at approx 14:00. Changing rooms available and hopefully all the usual entertainment - scheduled and accidental!!.

Leader: John Ferguson **Tel:** 01324 823230 **Mob:** 07966 044794 john-ferguson@blueyonder.co.uk

Strathtay: Aberfeldy to Grandtully

Grade C: 9 mls. **Meet/Time:** Aberfeldy Cemetery CP (note late start) at 10:30 **Map Ref:** 52/NN:866497 **Description:** Walk along the river and old railway track to Grandtully and back, with a stop for a warming bite of lunch in the Chocolate Shop. **Note:** RADO

Leader: Bill McEwan **Tel:** 01796 472780 billmcewan40@gmail.com

Sunday 21st December

Broughty Ferry: Tay Bridge to Tayport

Grade C: 5 mls. 3 hrs. **Meet/Time:** TBCP at 10:00 **Map Ref:** 59/NO:425289 **Description:** Circular walk on tracks and paths to Tayport returning by Scotsraig. **Note:** DWOL
Leader: Dave Banks **Tel:** 01382 858495 **Mob:** 07719 382703

St. Andrews & NE Fife: Glenrothes Circular

Grade C+: 8 mls. **Meet/Time:** FCPC at 10:00 or Riverside Park, Glenrothes--off A911 near Leslie at 10:30 **Map Ref:** 59/NO:266017 **Description:** Circular walk on woodland and farm tracks, with open countryside views, stopping at Holl Reservoir for lunch. Return via Strathendry and viaduct to Riverside Park. **Note:** RADO, NoSC.
Leader: J. Coates **Tel:** 01337 831113



MERRY CHRISTMAS!

Saturday 27th December

Blairgowrie: Moncrieffe Hill

Grade C+: 5 mls. **Meet/Time:** WCPB at 09:30 or Car Park on Rhynd Road at 10:15 **Map Ref:** 58/NO:132209 **Description:** Circular walk round Moncrieffe Hill with lovely views over the Tay to the north and the Lomonds to the south.

Leader: Madeleine McIntosh **Tel:** 01250 872005 **Mob:** 07904 382840
madeleine.mcintosh@hotmail.co.uk

Dundee: Festival of Winter Walks

Grade C: 5 mls. **Meet/Time:** OCCP at 09:45 or Letham (Angus) Square at 10:30 **Map Ref:** 54/NO:525490 **Description:** From Letham to Balgavies Loch, round Loch and return to Letham. Followed by soup and sandwiches.

Leader: Pat & Peter Hargraves **Tel:** 01307 462882 **Mob:** 07986 423328

Glenrothes: Markinch - Balbirnie and Star Moss Circular

Grade C: 5mls 3hrs. **Meet/Time:** LCCP at 10:00 or Balbirnie Park CP at 10:15. **Map Ref:** 59/NO:292018 **Description:** An easy circular walk through woodland using paths and rights of way to Cuinin Hill Star Moss and Balbirnie Estate (with a little road walking). **Note:** CWRA RADO
Leader: J Duncan **Tel:** 01337 831888 john@johnandmorven.co.uk

St. Andrews & NE Fife: Abernethy Glen Circular

Grade B: 6 mls. **Meet/Time:** FCPC at 09:30 or Abernethy Tower, Main St, Abernethy at 10:15 **Map Ref:** 58/NO:189165 **Description:** Country and forest walk, mainly on good tracks and paths to Craigden and Pitmedden Forest. Undulating with ascent up to 300m. **Note:** RADO, NoSC
Leader: J. Chrichton **Tel:** 01334 652402

Forth Valley, Fife and Tayside Area

Annual General Meeting *and Open Day*

Saturday 31st January, 2015

9.30 a.m. – 3.00 p.m.

Dalgety Bay Parish Church, KY11 9UY

Going to the Open Day?

Don't miss out!

It's not too late!

Closing date for registration forms - 16th January 2015

Refer the first pages for full details.

Sunday 28th December

Kirkcaldy: Bowhill - Meadows Circular

Grade C+: 8.5 mls. **Meet/Time:** KRSN at 09:30 or Bowhill Institute (opposite bowling green) at 10:00 **Map Ref:** 58/NT:215955 **Description:** Circular walk on minor roads, woodland paths and tracks via Woodend, Crosshill, the Meadows, Lochgelly, Dundonald and Cardenden Den. Good for walking off any Christmas excesses. **Note:** RADO. CWRA.

Leader: Brian Clark **Tel:** 01592 784553 bjclark@live.co.uk

Stirling & Falkirk: Kelpies, Canal and Carron

Grade C: 6 mls. 3 hrs. **Meet/Time:** At start of walk :Kelpies Visitor Centre CP in Helix Park at 10:30 **Map Ref:** 65/NS:907819 **Description:** Our last walk of the year gives a very close encounter with the Kelpies and then they'll watch over us as we make our way down the new canal extension. We'll then circle the saline lagoons, a winter habitat for visiting birds.

Leader: Janet McNee **Tel:** 01324 872205 **Mob:** 07929 130582 janet.mcnee@googlegmail.com

Monday 29th December

Dalgety Bay: In and Around Dalgety Bay (minimal ascent)

Grade C: 5 mls. 3 hrs. **Meet/Time:** DBSCCP at 09:30 **Map Ref:** 65/NT:156835 **Description:** A walk along the Coastal Path and on woodland paths. **Note:** RADO

Leader: Donald Wallace **Tel:** 01383 822905

Saturday 3rd January

Brechin: Inglismaldie

Grade C: 6 mls. **Meet/Time:** SNSB at 09:30 or on minor road at south-east corner of Inglismaldie Wood at 10:00 **Map Ref:** 45/NO:656669 **Description:** Circular woodland walk. Can be shortened in the event of inclement weather.

Leader: Moira Dunbar **Tel:** 01356 622327 **Mob:** 07759 215616 moiradunbar@talktalk.net

Dundee: Kinnoull Hill and Milk Boys Path

Grade C+: 5.5 mls. **Meet/Time:** CWCP at 09:45 or Corsiehill Car Park at 10:30 **Map Ref:** 58/NO:135236 **Description:** Good views from Kinnoull Hill and pleasant walk through Deuchny Wood returning by Milk Boys Path. Ascent 227m.

Leader: Ian Young **Tel:** 01382 643846

Dunfermline & West Fife: Culross & Devilla Forest

Grade C+: 8.5 mls. 4 hrs. **Meet/Time:** LPRCP at 10:00 or West car park, Culross at 10:30 **Map Ref:** 367/NS:984859 **Description:** Farm tracks to Devilla Forest via Wass Plantation. Circular through forest taking in Peppermill Dam and Moor Loch. Return to Culross via West Church.

Note: DWOL, CWRA

Leader: Alan Paul **Tel:** 01383 727875 **Mob:** 0773 9169674 apaspaul9@gmail.com

Perth: Provosts Walk, Auchterarder.

Grade C+: 6 mls. **Meet/Time:** ASDACP at 09:00 or Crown Inn Wynd Auchterarder at 09:40 **Map Ref:** 58/NN:944128 **Description:** A gentle walk around the outskirts of Auchterarder on good footpaths with occasional short sections on minor roads. **Note:** RADO, Festival of Winter Walks.

Leader: Jim Pirie **Tel:** 01738 451314 **Mob:** 07923 457219

St. Andrews & NE Fife: Fife North-South Traverse 1: Wormit to Dairsie

Grade C+: 8 mls. **Meet/Time:** FCPC at 09:45 or Lane beside Dairsie Primary School (NO411173) at 10:00 for car transfer to walk start at Wormit Foreshore at 10:30 **Map Ref:** 59/NO:391258

Description: First section of Fife North to South Linear Traverse, utilising Fife Core Path Network.. This section on tracks, paths, field margins and minor country roads. Undulating terrain across very nice countryside with Tay views. Ascent maximum 100m **Note:** RADO, CWRA, Older children only.

Leader: W. MacKay **Tel:** 01334 652903

Sunday 4th January

Kinross and Ochil: New Years Workout.

Grade C: 6 mls. **Meet/Time:** RASCP at 9.40 or BURN at 10:00 or Muircot Farm Shop CP at 10:30 **Map Ref:** 58/NS:912940 **Description:** Easy walk, expertly led as usual, to ease us into the New Year. From Shop, down to Gartmorn Dam area and a flat walk on good paths in excellent company. Back to Farm Shop for lunch. Who could ask for more? **Note:** RADO, CWRA

Leaders: Sybil Taylor **Tel:** 01259 571734 & Lesley Creevy **Tel:** 07875 750910

Stirling & Falkirk: Clackmannan to Black Devon

Grade C+: 4.5 mls. 4 hrs. **Meet/Time:** LACP at 10:00 or Clackmannan Main Street at 10:45 **Map Ref:** 58/NS:912919 **Description:** Starting in Clackmannan Main St. , first a short visit to Clackmannan Tower, then a daunder down to the Black Devon returning via a short incursion into the nether regions of Alloa and on to Black Wood. Ascent 150ft.

Leader: Eric Davidson **Tel:** 07757 658055 davidson.family.es@gmail.com

Strathay: Linn of Tummel

Grade C: 7 mls. **Meet/Time:** CGCP at 09:30 or CP at Pitlochry end of Faskally Dam at 10:00 **Map Ref:** 52/NN:936579 **Description:** Circular route round Loch Faskally and crossing over the River Tummel at Coronation Bridge. **Note:** RADO

Leader: Bill McEwan **Tel:** 01796 472780 billmcewan40@gmail.com

Tuesday 6th January

Kirkcaldy: Langtoun Daunders - Dunnikier to Retail Park Circular

Grade C: 6 mls. **Meet/Time:** KRSN at 10:00 or Dunnikier Golf Club /Hotel car park at 10:15 **Map Ref:** 59/NT:278943 **Description:** A fine walk along the core path from Dunnikier House to Kirkcaldy Retail Park returning through pleasant housing estates with interconnecting lanes. Possible lunch venue at Home Farm View. **Note:** DWOL. CWRA.

Leader: Brian Clark **Tel:** 01592 784553 bjclark@live.co.uk

McGonagall is alive and well and lives in Forfar!

A DAY OUT WITH THE FORFAR RAMBLERS

Every two weeks a group of women and men meet at East Greens Park
between nine and ten,
Gathering around and waiting to see in which car they are likely to be.

The register handed around and all filled in, with our kit in the boot we
are ready to begin,
Its' off we go to our chosen place and now let's have a walk not a race.

We meet with visitors their own way found, the leader then calls "Let's
all gather around"
With the walk explained for all to know, rucksacks on our back it's off
we go.

It's the Angus hills the walk takes us today, tranquil and scenic in every
way,
With a happy group just chatting together, whilst walking on paths
through bracken and heather.

As we come to midway on our meet, all are ready for something to eat.
A place for all is found to suit, its coffee, sandwiches and some with
fruit.

Just half an hour is all that we take, it's not a picnic it is just a break,
And now heading back towards the car park amongst buzzards, curlews
and the sound of a lark.

With the car park now within our sight, some are sorry it is nearly night,
For one or two this might not be the case, they are just glad to back to
our parking place.

And now we off-loaded our walking gear, we all head home both far
and near,
After a day very fulfilling and interesting, let's all look forward to our
next day Rambling

Wednesday 7th January

Dunfermline & West Fife: Short Winter Walk

Grade C:Meet/Time: LPRCP at 10:00 **Description:** An easy, local walk depending on weather conditions. Contact leader a day or two before to find out more. **Note:** DWOL, NoSC
Leader: Alan Paul **Tel:** 01383 727875 **Mob:** 0773 9169674 apaspaul9@gmail.com

Thursday 8th January

Dalgety Bay: Roamers - Dalgety Bay to Inverkeithing (minimal ascent)

Grade D/C: 2.5/5 mls. 2/3 hrs. **Meet/Time:** Dalgety Bay Library at 10:00 **Map Ref:** 65/NT:156835
Description: A walk along the Coastal Path and, after refreshment, return by bus or on foot.
Note: RADO
Leader: Ben Douglas **Tel:** 01383 822715 **Mob:** 07975 889678

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 10th January

Blairgowrie: Murthly Estate

Grade C: 6 mls. **Meet/Time:** WCPB at 10:00 or Parking area at Gellyburn Road end, beside the gate to Murthly Castle on the B9099 at 10:30 **Map Ref:** 52/NO:093393 **Description:** Flat walk through the estate grounds to Kingswood and back along the riverside.
Leader: Kathleen Frew **Tel:** 01250 873805 **Mob:** 07900 531159 kathleenfrew@msn.com

Glenrothes: Lower Largo - Keils Den Circular

Grade C: 5mls 3hrs. **Meet/Time:** LCCP at 10:00 or Temple CP Lower Largo at 10:30. **Map Ref:** 59/NO:422026 **Description:** A circular walk from Lower Largo via the Serpentine path to Upper Largo then to Keils Den taking the east path going north. Return by the west side of the den to Lundin Links and by old railway line to Lower Largo **Note:** CWRA RADO
Leader: J Duncan **Tel:** 01337 831888 john@johnandmorven.co.uk

Perth: Dronley Woods. Total ascents 76m

Grade C: 7.5 mls. **Meet/Time:** ASDACP at 09:20 or Clatto Country Park at loch at 10:15 **Map Ref:** 54/NO:369342 **Description:** Walk on paths and old railway track. Return by Templeton Woods.
Leader: Stewart Inglis **Tel:** 01738 621367

Sunday 11th January

Broughty Ferry: Festive Meal and short walk

Grade C: 3 mls. **Meet/Time:** Foot of Gellatly St Dundee at 11:00 **Description:** Short walk to Magdalen Green followed by festive meal. Names to leader by 21st December please.
Leader: Alex Kelman **Tel:** 01382 776928 **Mob:** 07840 732842

Forfar: Forfar Path Network (followed by Walks Planning Meeting)

Grade C: 5 mls. **Meet/Time:** EGCP at 10:00 **Map Ref:** 54/NO:454511 **Description:** A short local walk around the east end of Forfar, followed by the walks planning meeting in St John's Church Hall at 2 pm.
Leader: Dot Eaton **Tel:** 01307 465319

Stirling & Falkirk: Fordie (Comrie) to Standing Stones.

Grade B: 7 mls. 4 hrs. **Meet/Time:** LACP at 09:30 or On A85 from Comrie park in layby at Fordie at 10:30 **Map Ref:** 52/NN:796228 **Description:** Circular walk mainly on paths with varied terrain and interesting views. Ascent approx. 300m.
Leader: Val Smith **Tel:** 01786 470976 **Mob:** 07828 149859 vps6@iname.com

Monday 12th January

St. Andrews & NE Fife: Summer Walks Planning Meeting

Meet/Time: Cupar Y at 19:00 **Description:** Planning 2015 Summer Walks. Please bring or send in your walk ideas even if unable to lead walk.
Contact: W. Aitken **Tel:** 01334 470066 **Mob:** 07908 721466 wh.aitken@virgin.net

Tuesday 13th January

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 15th January

Dundee: Summer Walks Planning Meeting, Marketgait

Meet/Time: Methodist Church Hall at 19:30 **Description:** All members welcome to exchange ideas and offer suggestions for walks and outings. Offers to lead walks would be most welcome. Tea and coffee provided.

Contact: Roselyn Brown **Tel:** 01382 774958 **Mob:** 07761 167631 rozbrown129@btinternet.com

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 17th January

Brechin: Fasque Circular

Grade C: 6 mls. **Meet/Time:** SNSB at 09:30 or Fettercairn CP at 10:00 **Map Ref:** 45/NO:651735 **Description:** Past Fettercairn Distillery to Stankey Loch: through Fasque Estate, returning by Fettercairn House.

Leader: Pat Beedie **Tel:** 01356 624552

Dalgety Bay: Kinghorn to Craigenalt Circular (100m ascent)

Grade C+: 5.5 mls. 4 hrs. **Meet/Time:** Meadowfield Bus Stop at 09:20 or Kinghorn Memorial Bus Stop at 10:10 **Map Ref:** 65/NT:268868 **Description:** The walk is circular and takes in the ruins of Binnend village, the recently opened path at Rodanbraes and the Craigenalt Ecology Centre before returning to Kinghorn. **Note:** RADO

Leader: Ben Douglas **Tel:** 01383 822715 **Mob:** 07975 889678

Dundee: Ceres to Scotstarvit

Grade B+: 8.5 mls. 5 hrs. **Meet/Time:** TBCP at 09:00 or Ceres Car Park (near crossroads) at 09:45 **Map Ref:** 59/NO:111403 **Description:** Farm tracks & side roads to Hill of Tarvit and Scotstarvit Tower. Ascent 480ft/150m.

Leaders: Stewart MacDonald **Tel:** 01382 642728 **Mob:** 07960 624539 & Val MacDonald **Tel:** 01382 642728 **Mob:** 07852 815900

Kinross and Ochil: Perth to Stanley

Grade C: 7 mls. **Meet/Time:** RASCP at 09:30 or Perth S. Inch CP at 10:30 **Map Ref:** 53/NO:120230 **Description:** A gentle walk along the Tay from Perth to Stanley, returning to Perth by service bus. Short section of road walking: minimal ascent. Remember Bus Pass if applicable.

Note: RADO, CWRA

Leader: Sheena Bedborough **Tel:** 01259 742491

Kirkcaldy: Cullaloe Hills Circular

Grade B: 9 mls. **Meet/Time:** KRSN at 09:15 or Aberdour Railway Station car park at 10:00 **Map Ref:** 66/NT:191853 **Description:** Route goes past Otterston Loch, Goat Quarry, Cullaloe Hills, Newton Braes, Puddledub, Stenhouse Reservoir returning to Aberdour via Kemal's Cut. Walking is mainly on woodland paths and tracks with some minor roads. **Note:** RADO. CWRA.

Leader: Brian Clark **Tel:** 01592 784553 bjclark@live.co.uk

Perth: Scone to Perth via Kinnoull - Linear. Total ascents approx.300m

Grade C: 5.5 mls. **Meet/Time:** Scone Arms, Scone at 09:55 or Start at the bus stop opposite the Scone Arms at 10:00 **Map Ref:** 52/NO:134256 **Description:** An old favourite for a winter's day - take the No.7 bus to meet at Scone, proceed along the Coronation Road, onto the Jubilee CP and then Kinnoull Hill, returning to Perth via Branklyn Gardens and Rodney Gardens. **Note:** RADO

Leader: Allen Bardwell **Tel:** 01738 444459 **Mob:** 07952 339171 allenbardwell@blueyonder.co.uk

St. Andrews & NE Fife: Fife North-South Traverse 2: Dairsie to Ceres

Grade C+: 8 mls. **Meet/Time:** FCPC to catch bus (09:45 Lidl bus stop) to Dairsie at 09:30 or Dairsie Primary School Lane at 10:00 **Map Ref:** 59/NO:412172 **Description:** Linear, undulating walk with some road walking, paths, field margins and woodland tracks. Height gain 80m. Return from Ceres by bus or optional extra walk. **Note:** RADO, NoSC.
Leader: S. Marr **Tel:** 01334 650798

Strathtay: Blath Bhalg

Grade B: 5 mls. **Meet/Time:** CGCP at 09:30 or Moorland above Moulin at 10:00 **Map Ref:** 43/NN:991620 **Description:** Short circular route partly on tracks up Blath Bhalg, an isolated Graham with good views. Ascent 900 ft. **Note:** RADO
Leader: Muriel Findlay **Tel:** 01887 820095 murfin41@btinternet.com

Sunday 18th January

Broughty Ferry: Newport

Grade C: 5 mls. **Meet/Time:** TBCP at 10:30 **Map Ref:** 59/NO:425289 **Description:** Walk around the Newport Area. **Note:** DWOL
Leader: Sandra Haworth **Tel:** 01382 202784

Dunfermline & West Fife: Pitmedden Forest

Grade C+: 8 mls. 4 hrs. **Meet/Time:** LPRCP at 09:30 or Forestry car park, 1 mile north west of Auchtermuchty at 10:15 **Map Ref:** 370/NO:222128 **Description:** Circular walk on forest trails and farm tracks. **Note:** DWOL, CWRA
Leader: Gary Kerr **Mob:** 07703 297405 krzd@aol.com

Glenrothes: Boblingen Way & Riverside Park

Grade C: 6mls 3.5hrs. **Meet/Time:** LCCP at 10:00 or Lomond Centre Car Park, Glenrothes at 10:00. **Map Ref:** 370/NO:286007 **Description:** Following the Boblingen Way to Leslie, then through Riverside Park to return to LCCP. **Note:** CWRA RADO
Leader: C Jenkins **Tel:** 07523289165 carolynjenkins@btinternet.com

Stirling & Falkirk: The Whangie and Auchineden Hill

Grade C+: 7.5 mls. 4.5 hrs. **Meet/Time:** LACP at 09:30 or Queen's View CP on A809 between Drymen and Milngavie at 10:30 **Map Ref:** 64/NS:511808 **Description:** An interesting walk on moorland paths and good tracks which includes The Whangie, an ascent of Auchineden Hill, Burncrooks Reservoir and returning via Auchineden Farm. Ascent 200m.
Leader: Phil Seale **Tel:** 01786 447107 **Mob:** 07840 957215 phil@philseale.co.uk

Wednesday 21st January

Brechin: Summer Walks Meeting

Meet/Time: St Andrews Church Hall, Brechin at 19:00

Dunfermline & West Fife: Short Winter Walk

Grade C:Meet/Time: LPRCP at 10:00 **Description:** An easy, local walk depending on weather conditions. Contact leader a day or two before to find out more. **Note:** DWOL, NoSC
Leader: Alan Paul **Tel:** 01383 727875 **Mob:** 0773 9169674 apasaul9@gmail.com

Thursday 22nd January

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 24th January

Blairgowrie: Winter Walk and Lunch, Dunkeld

Grade C: 5 mls. **Meet/Time:** WCPB at 09:15 or Atholl Arms Car Park, Dunkeld at 10:00 **Map Ref:** 52/NO:027426 **Description:** Mainly flat walk along the River Tay from Dunkeld to the Jubilee Bridge and return down south side back to Dunkeld for lunch at the Atholl Arms. **Note:** Please see newsletter for booking details or contact Pat Fraser, 01250 873577, patriciafraser@btinternet.com.
Leader: Frances Cameron **Tel:** 01250 875062 ron.cameron2@btinternet.com



Drummond Hill View (Kenmore)

Dalgaty Bay: Almondell Country Park and Canal (negligible ascent)

Grade C: 6.5 mls. 3 hrs. **Meet/Time:** DBSCCP at 09:30 or North Car Park Almondell Country Park at 10:30 **Map Ref:** 65/NT:090695 **Description:** A walk along wood land paths and canal towpath. **Note:** RADO

Leader: Ken Wright **Tel:** 01383 822358 **Mob:** 07535 386982

Dundee: Bus trip to New Lanark Visitor Centre followed by High Tea

Description: Details to be confirmed at Christmas Dinner. If more information required beforehand, please contact Linda Mitchell.

Contacts: Linda Mitchell **Tel:** 01241 431641 & Maureen Watson **Tel:** 01382 738025

Forfar: Letham/Dunnichen Hill

Grade C+: 7 mls. **Meet/Time:** EGCP at 10:00 or Letham Square Car Park at 10:30 **Map Ref:** 54/NO:528489 **Description:** Circular walk starting at Letham Sq. Skirting the south side of the village & heading via Bowriefauld to Dunnichen Hill. Excellent views. Varying surfaces on hill. Return by North side some road walking & short steep ascent midway. **Note:** RADO

Leader: Dave Philip **Tel:** 01307 463181

Glenrothes: Dairsie - Foodieash Circular

Grade C: 7.5mils 4hrs. **Meet/Time:** LCCP at 10:00 or Dairsie Primary School at 10:30. **Map Ref:** 59/NO:412173 **Description:** A ridge walk via Foodie Hill and returning through farmland by Kingask; Chapelwell; Dairsie Castle and Edengrove. Mostly farm tracks with short sections of quiet country roads. **Note:** CWRA DWOL

Leader: S Fury **Tel:** 01592 756497 sheena_fury@yahoo.co.uk

Perth: Birnam Hill. Total ascents 350m.

Grade C+: 7 mls. **Meet/Time:** ASDACP at 09:00 or Turn left off A9 northbound onto B867 just before Birnam turning. Small car park on right after 400m at 09:30 **Map Ref:** 53/NO:041405 **Description:** Climb Birnam Hill passing King's Rock, Rohallion Castle and Stair Bridge. Return through Birnam and along River Tay to start.

Leader: Pete and Anne Trant **Tel:** 01738 565075 **Mob:** 07985202934 07557785696 thetrants@virginmedia.com

Sunday 25th January

Stirling & Falkirk: Loch Ard Forest: Rob Roy Way and Lime Hill

Grade C+: 8 mls. 4 hrs. **Meet/Time:** LACP at 09:30 or Forestry CP near Drymen Rd. Cottage at 10:30 **Map Ref:** 57/NS:506936 **Description:** Pleasant forestry walk on good roads and paths. On the Rob Roy Way section there are water features and open views. Ascent 120m.

Leader: Janette Seale **Tel:** 01786 447107 **Mob:** 07709 957317 janette.seale@hotmail.co.uk

Tuesday 27th January

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 29th January

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 31st January

AREA Area AGM & Open Day

Meet/Time: Dalgety Bay Parish Church at 09:30 For full details see pages at the beginning of this programme.

Dundee: Newtyle Circular

Grade C: 6 mls. **Meet/Time:** CWCP at 10:00 or Car Park, North Street, Newtyle at 10:30 **Map Ref:** 53/NO:296415 **Description:** Level walk along disused rail track with good views. Can be muddy.

Leaders: Margaret Rennie **Tel:** 01382 200731 & Moira Dobson **Tel:** 01382 459453 **Mob:** 07792 140781

Sunday 1st February

Broughty Ferry: Cupar - Ceres - Hill of Tarvit Circular

Grade C: 7 mls. **Meet/Time:** TBCP at 10:00 or Fluthers C/P (at park) at 10:30 **Map Ref:** 59/NO:378146 **Description:** Walk on tracks and paths with some minor road walking. **Note:** DWOL

Leader: Steve Carmichael **Tel:** 01382 534119

Dunfermline & West Fife: Thornton via Kirkcaldy Circular

Grade C: 8 mls. 3.5 hrs. **Meet/Time:** LPRCP at 09:30 or Waste plant adjacent Low Road Thornton (opp train station at 10:00 **Map Ref:** 59/NT:289972 **Description:** An easy walk from Thornton to Kirkcaldy by footpaths and farm tracks passing through Dunnikier Park. Returning by rights of way along River Ore. May be muddy in places. **Note:** DWOL, CWRA

Leader: Gary Kerr **Mob:** 07703 297405 krrzd@aol.com

Glenrothes: Newburgh - Glenduckie circular

Grade C+: 8.5mils 5hrs. **Meet/Time:** LCCP at 10:00 or Car Park near Newburgh Primary School at 10:45. **Map Ref:** 59/NO:241182 **Description:** A walk mainly on farm tracks with slight uphill stretches via Lindores Hill Higham to Glenduckie. Good views of the River Tay and beyond returning by an easier route on lower level tracks. **Note:** CWRA RADO
Leader: T McLaren tmclaren39@gmail.com

Kinross and Ochil: Rabbie Ramble

Grade C: 5 mls. **Meet/Time:** RASCP at 9.25 or BURN at 09:45 **Map Ref:** 58/NS:962979 **Description:** Burns Supper with a difference! Circular walk from Castle Campbell Hotel along easy tracks to Tillicoultry and return with food and a wee bit of Burns at each stage. No need to bring food! Details of costs etc to be circulated later. **Note:** RADO, CWRA
Leader: Bill Bedborough **Tel:** 01259 742491

St. Andrews & NE Fife: Fife North-South Traverse 3: Ceres to Lower Largo

Grade C+: 8 mls. **Meet/Time:** Lower Largo Coastal Path Car Park at 09:45 or Ceres Village Car Park at 10:30 **Map Ref:** 59/NO:400114 **Description:** Final section of Fife Linear Traverse. Meet at Lower Largo to arrange car shuttle to start of walk in Ceres. Undulating walk mainly road walking with varied Fife country and coastal scenery. Certificate for walking full traverse. **Note:** RADO, NoSC
Leader: W. Aitken **Tel:** 01334 470066 **Mob:** 07908 721466 wh.aitken@virgin.net

Stirling & Falkirk: Forest and Hills by Dollar

Grade B: 6.5 mls. 4.5 hrs. **Meet/Time:** LACP at 09:30 or Lawhill Community Car Park at 10:15 **Map Ref:** 97/NS:970992 **Description:** A circular route which includes Hillfoot, Commonedge, Seamab and Auchlinsky Hills. Ascent 309m. **Note:** Because of limited parking, please car share where possible.
Leader: Gavin Alexander **Tel:** 01786 811149 **Mob:** 07580 822967 g_al_exander@yahoo.com

Strathay: Black Spout and Craigower Hill

Grade C: 6 mls. **Meet/Time:** CGCP at 09:30 or Black Spout CP at 10:00 **Map Ref:** 52/NN:951575 **Description:** Circular route past Black Spout waterfall and up Craigower Hill for far reaching views. **Note:** RADO
Leader: Bill McEwan **Tel:** 01796 472780 billmcewan40@gmail.com

Tuesday 3rd February

Kirkcaldy: Langtoun Daunderers - Balwearie Circular

Grade C: 5 mls. **Meet/Time:** Beveridge Park car park at 10:00 **Map Ref:** 59/NT:272909 **Description:** Mixture of pavement and paths leading to Inveriel, Balwearie Tower and castle before returning to Beveridge Park. Lunch to follow at 'The Duchess' restaurant. **Note:** DWOL. CWRA.
Leader: Liz Greig **Tel:** 01592 653682 **Mob:** 07919 985239

Thursday 5th February

Dunfermline & West Fife: Alloa & Clackmannan Towers

Grade C+: 5 mls. 3 hrs. **Meet/Time:** LPRCP at 09:45 or Candlerigg car park, Alloa at 10:30 **Map Ref:** 366/NS:887927 **Description:** Mainly level walk with one short steep grassy climb to Clackmannan Tower. **Note:** DWOL, NoSC
Leader: David Lloyd **Tel:** 01383 621640 **Mob:** 07816 057202

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 7th February

Blairgowrie: Fife Coastal Path Part 1

Grade B: 11 mls. **Meet/Time:** WCPB at 09:00 or Near Kincardine Bridge at 10:15 **Map Ref:** 65/NS:930871 **Description:** A flat walk from Kincardine Bridge to Limekilns, passing Longannet Power Station and Torry Bay Nature Reserve. Return to start by bus or car shuttle.
Leader: Bill Phillips **Tel:** 01250 870260

Dalgety Bay: Valleyfield Snowdrop Trail & Shires Mill Circular (60m ascent)
Grade C: 7 mls. 4.5 hrs. **Meet/Time:** DBSCCP at 09:00 or Car Park adjacent to the Shires Mill Riding Centre at 09:45 **Map Ref:** 65/NT:004877 **Description:** After completing the Snowdrop Trail, walk to Inzievar Woods on paths and tracks. Return via part of the Millennium Cycleway between Dunfermline and Alloa. A small amount of road walking is unavoidable. **Note:** RADO
Leader: Ben Douglas **Tel:** 01383 822715 **Mob:** 07975 889678

Glenrothes: Forteviot & Water of May
Grade C: 6mls 3.5hrs. **Meet/Time:** LCCP at 10:00 or Layby near Forteviot Church on B935 at 11:00. **Map Ref:** 58/NO:051175 **Description:** A walk through Invermay Estate, past old Chapel of Muckersie. Some road walking. Height climb 70m. **Note:** CWRA RADO
Leader: S Galloway **Tel:** 0159 2369497 alexandergalloway3116@gmail.com

Kirkcaldy: The Nebit (Ochil Hills)
Grade B: 5 mls. **Meet/Time:** KRSN at 09:00 or Woodland Park car park (Alva) at 10:15 **Map Ref:** 58/NS:898975 **Description:** Hill paths and tracks following Silver Glen before branching off for the short steep climb up The Nebit (449 m). Return via Alva Glen. **Note:** RADO. CWRA.
Leader: Brian Clark **Tel:** 01592 784553 bjclark@live.co.uk

Perth: Forteviot and Water of May. Total ascents approx. 70m.
Grade C: 6 mls. **Meet/Time:** ASDACP at 09:20 or Forteviot CP beside the Bowling Club at 10:00
Map Ref: 58/NO:053175 **Description:** A walk through Invermay Estate, past old Chapel of Muckersie. Some road walking.
Leader: Donald Purvis **Tel:** 01738 813294 **Mob:** 07913 668502

Sunday 8th February

Forfar: Montreathmont Forest
Grade C: 5.5 mls. **Meet/Time:** EGCP at 10:00 or Pitkenney at 10:15 **Map Ref:** 54/NO:539537
Description: Easy 'flat' circular walk from Pitkenney into Montreathmont Forest past Turin Home Farm & return. Some quiet road walking. **Note:** Parking - turn right at Pitkenney School parking along at first holding.
Leader: Mary Morrison **Tel:** 01307 464912

Stirling & Falkirk: Dalmeny Estate
Grade C+/C: 9/6 mls. 4.5/3 hrs. **Meet/Time:** LACP at 09:30 or Main Street, Queensferry, by Hawes Pier EH30 9TB at 10:30 **Map Ref:** 66/NT:134783 **Description:** A beautiful coastal walk to Eagle Rock, returning by inland parkland(C+) or coastal route(C). Ascent 500ft.
Leaders: Colin Thomson **Tel:** 01786 472726 **Mob:** 07702 636505 colinbthomson@gmail.com & Hilary Thomson **Tel:** 01786 472726 **Mob:** 07834 529694 hilarydthomson@gmail.com

Tuesday 10th February

Kinross and Ochil: Tuesday Walkers
Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 12th February

Dalgety Bay: Roamers - Fordell Estate Circular (40m gentle ascent)
Grade D: 4 mls. 2.5 hrs. **Meet/Time:** Dalgety Bay Library at 10:00 **Map Ref:** 65/NT:156835
Description: A walk on tracks and the B916 footpath/cycleway. **Note:** RADO
Leader: Ken Wright **Tel:** 01383 822358 **Mob:** 07535 386982

Glenrothes: Strollers Walk
Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 14th February

Brechin: Errol Circular
Grade C: 7 mls. **Meet/Time:** SNSB at 09:30 or Errol School CP at 10:45 **Map Ref:** 53/NO:254231 **Description:** Down to the Tay then along to Port Allen: up past cemetery & round back of Errol Park. **Note:** Walk can be shortened in the event of inclement weather.
Leader: Moira Dunbar **Tel:** 01356 622327 **Mob:** 07759 215616 moiradunbar@talktalk.net

Dalgety Bay: Blairadam Forest and Loch Glow

Grade C+: 7 mls. 4 hrs. **Meet/Time:** DBSCCP at 10:00 or Blairadam forest CP near Kely at 10:30 **Map Ref:** 58/NT:129945 **Description:** A circular walk through Blairadam forest passing Blairadam House Cowden Hill then using a short road to loch Glow. Return through forest paths.

Note: RADO

Leader: Matsue Williams **Tel:** 0131 332 4395

Dundee: Moncrieffe Hill

Grade C+: 5 mls. **Meet/Time:** CWCP at 09:30 or New Car Park (a mile along minor road opp school, signposted Rhynd & Elcho Castle) off A912 at 10:15 **Map Ref:** 58/NO:139209

Description: Walk to Moncrieffe Hill (330m ascent for great views) and through beautiful woodland.

Leaders: Linda Beveridge **Tel:** 01382 730832 **Mob:** 07811 462266 & Joyce Cumming **Tel:** 01382 642752

Dunfermline & West Fife: Culross

Grade C: 7 mls. 4 hrs. **Meet/Time:** LPRCP at 09:30 or West CP Culross at 10:15 **Map Ref:** 367/NS:982859 **Description:** A circular walk around the outskirts of Culross, including Valleyfield Woods and some ancient rights of way. **Note:** DWOL, NoSC

Leader: Olive Inglis **Tel:** 01383 842693 **Mob:** 07773 995015 oliveminglis@aol.com

Kinross and Ochil: The Pineapple Circular

Grade C+: 8 mls. **Meet/Time:** RASCP at 9.25 or BURN at 09:45 or Car Park at Mercat Cross and Tolbooth in Airth at 10:15 **Map Ref:** 65/NS:899876 **Description:** Walk begins in Main Street, Airth. Most of the walk through woodland and farmland with a visit to one of Scotland's eccentric architectural treasures. **Note:** RADO, CWRA

Leaders: Wilson Brown **Tel:** 01259 740192 & Linda Brown **Tel:** 01259 740192

Perth: North Side of Torlum. Total ascents 350m.

Grade C+: 8.5 mls. **Meet/Time:** Perth Bus Station for No.15 bus to Comrie at 09:15 or Dalginross: Terminus of Stagecoach bus No.15 at 10:25 **Map Ref:** 52/NN:777212 **Description:** Walk via Auchengarroch Wild Life Centre and ascend to reach forest track below Torlum. From there Balloch Road via Knock Mary to descend to Bridge End on edge of Crieff. Walk to centre for bus back to Perth. **Note:** Also possible to catch No.15 bus outside R.S. McColl's, Crieff at 10.00.

Leader: Roger Brickell **Tel:** 01764 656114 **Mob:** 07733 317725 roger@brickell.eclipse.co.uk

St. Andrews & NE Fife: Ceres to Scotstarvit--Snowdrop Walk

Grade C: 6 mls. **Meet/Time:** FCPC at 09:30 or Ceres Village Car Park (near Folk Museum) at 10:00 **Map Ref:** 59/NO:400115 **Description:** Walk along 18th century ridge road to Hill of Tarvit manor house (option to climb monument hill for fine views) to enjoy the snowdrops. Return via Scotstarvit Tower. **Note:** RADO, CWRA

Leaders: S. Richmond **Tel:** 01382 542516 susanrichmond@live.co.uk & **Leaders:** S. Dallas-Ross **Mob:** 07828 403601 sd21@st-andrews.ac.uk

Strathtay: Glen Ogle Station

Grade C+: 12 mls. **Meet/Time:** CGCP at 09:30 or Killin at 10:00 **Map Ref:** 51/NN:573325

Description: Circular walk starting at Falls of Dochart and following the old branch line to Glenogle station, returning on part of Rob Roy Trail. **Note:** RADO

Leader: Jenny Rees **Tel:** 01887 830521 jenny.rees@virgin.net

Sunday 15th February

Broughty Ferry: Lower Largo to Elie

Grade C: 7 mls. **Meet/Time:** TBCP at 09:30 or Beach C/P Lower Largo at 10:30 **Map Ref:** 59/NO:423026 **Description:** Circular Walk on disused railway line. **Note:** DWOL

Leader: Aileen Allan **Tel:** 01382 775546

Glenrothes: Balmullo - Lucklaw Hill Circular

Grade B: 8.5mils 5hrs. **Meet/Time:** LCCP at 10:00 or Lucklaw Road Balmullo at 10:45. **Map Ref:** 59/NO:427208 **Description:** A walk using farm tracks part of a disused railway line and some road walking with many scenic views. **Note:** CWRA RADO
Leader: C Mackie **Tel:** 01592 756058 catherineannmackie@hotmail.co.uk

Stirling & Falkirk: Touch Reservoirs Circular

Grade B: 10 mls. 6 hrs. **Meet/Time:** LACP at 09:30 or Cambusbarrow Community Centre at 10:00 **Map Ref:** 57/NS:778924 **Description:** Hill walk on paths, tracks and quiet country roads. Ascent 270m.
Leader: Ray Finlay **Tel:** 01786 449135 **Mob:** 07792 549363 rayfin_1@hotmail.com

Tuesday 17th February

Kirkcaldy: A Short Walk from Aberdour

Grade C: 4.5 mls. **Meet/Time:** KRSN at 13:20 for 13:29 train to Aberdour (book return ticket) or Aberdour Railway Station car park at 13:45 **Map Ref:** 66/NT:191855 **Description:** Along the Coastal Path to Dalgety Bay, short loop then return to Aberdour by outward route in time for 16:12 train to Kirkcaldy. Hopefully there will be snowdrops to view? **Note:** DWOL. CWRA.
Leader: Ruth Beddall **Tel:** 01592 260578

Thursday 19th February

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 21st February

Blairgowrie: The Braes and Lochs of Pitcastle

Grade B: 8 mls. **Meet/Time:** WCPB at 09:30 or Grandtully Hotel at 10:30 **Map Ref:** 52/NN:912531 **Description:** A circular walk starting beside the river at Grandtully and proceeding northwards mostly on tracks, climbing out of Strathtay to Loch na Ba and the Pitcastle Lochs. Good views back to the River Tay and beyond.
Leader: Sean Galbally **Tel:** 01250 874667 seangalbally@talktalk.net

Dalgety Bay: Queensferry /Dalmeny Circular (minimal ascent)

Grade C+: 7 mls. 4 hrs. **Meet/Time:** DBSCCP at 10:00 or Queensferry Hawes Pier at 10:30 **Map Ref:** 65/NT:137783 **Description:** Start along Queensferry High Street to the Scotmid store, then walkway/cycleway to south of Dalmeny. Turn eastwards past Craigie Hill Woods and into the Dalmeny Estate. Return via Dalmeny House and the shore path. **Note:** RADO
Leader: Alistair Robb **Tel:** 01383 820632 **Mob:** 07757 809102

Forfar: Auchmithie Cliffs Arbroath

Grade C: 5.5 mls. **Meet/Time:** EGCP at 10:00 or Auchmithie Car Park at 10:40 **Map Ref:** 54/NO:678442 **Description:** A pleasant circular walk along the cliffs & round to Carlingheugh Bay. Returning via farm tracks passing East Seaton & Windy Hills. **Note:** RADO
Leader: Dave Phillip **Tel:** 01307 463181

Glenrothes: Inverkeithing to Aberdour. (Linear by train)

Grade C: 7mils 4hrs. **Meet/Time:** LCCP at 09:45 or Aberdour Railway Station at 10:30. **Map Ref:** 65/NT:191854 **Description:** Take the 10.43 a.m. train to Inverkeithing. Coastal walk from Inverkeithing to Aberdour Railway Station on good paths. **Note:** CWRA RADO . Leaders will meet at start of walk. Check train times..
Leader: C & B Barton **Tel:** 01383 725859 chrisandbetty@glenrothesramblers.co.uk

Kirkcaldy: Loch Skiach Circular

Grade B: 10 mls. **Meet/Time:** KRSN at 09:00 or Road side of B898 at Kinnaird House at 10:30 **Map Ref:** 52/NN:983498 **Description:** Long easy climb up to Loch Skiach on good hill tracks. Then by gradual descent following narrow trails through the heather to reservoir where route resumes on hill tracks for return to Kinnaird House. Magnificent Perthshire scenery. **Note:** RADO. CWRA.
Leader: Brian Clark **Tel:** 01592 784553 bjclark@live.co.uk

Perth: Cargills Leap, Knockie & Ardblair Trail. Total ascents 270m.
Grade C+: 9.5 mls. **Meet/Time:** ASDACP at 09:00 or Riverside CP, Blairgowrie at 10:00 **Map Ref:** 53/NO:180454 **Description:** Walk on marked paths, tracks and minor roads to Cargills Leap, the Knock and then following the Ardblair trail. Waterfall, woodland and old mill. **Note:** RADO
Leader: Mike Brown **Tel:** 01738 446330 **Mob:** 07825 014442 mikebrown1957@btinternet.com

Sunday 22nd February

Dunfermline & West Fife: Balmerino Loop
Grade C+: 8.5 mls. 4 hrs. **Meet/Time:** LPRCP at 09:30 or Bay Road Wormit at 10:30 **Map Ref:** 371/NO:392260 **Description:** A gentle climb up to the undulating slopes above the Tay. A varied landscape with several types of woodland, ending at the old port of Balmerino near the ruined abbey. Return close to the shore. **Note:** DWOL, CWRA
Leader: Gary Kerr **Mob:** 07703 297405 krrzd@aol.com

Stirling & Falkirk: Castle Semple Estate, Lochwinnoch
Grade C: 8.5 mls. 4.5 hrs. **Meet/Time:** LACP at 09:30 or Castle Semple Visitor Centre CP at 10:45 **Map Ref:** 63/NS:359594 **Description:** The walk follows the shore of Loch Semple, circles round Kenmure Hill and meanders through the country park. Good paths, though muddy in places and steep in others.
Leader: James Higgins **Tel:** 01786 470641 jameshig0@gmail.com

Tuesday 24th February

Kinross and Ochil: Tuesday Walkers
Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 26th February

Glenrothes: Strollers Walk
Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 28th February

Brechin: St Cyrus
Grade C: 6 mls. **Meet/Time:** SNSB at 09:30 or St Cyrus beach CP at 10:15 **Map Ref:** 45/NO:741634 **Description:** To river mouth then along beach to cave. Up cliff path to church & on to Nether Woodston: along cliffs then back down cliff path to beach & return via Beattie's grave.
Leader: Morag Boyd **Tel:** 01674 830657

Dalgety Bay: Townhill Loch & Woods (Minimal Ascent)
Grade C: 8 mls. 4.5 hrs. **Meet/Time:** DBSCCP at 09:30 or Crossgates Fire & Rescue Centre at 09:50 **Map Ref:** 65/NT:146892 **Description:** A pleasant walk on tracks and paths. **Note:** RADO
Leader: Jane Mitchell **Tel:** 01383 822843

Dundee: Montrose Beach Circular
Grade C: 7/8 mls. **Meet/Time:** OCCP at 10:00 or Montrose Car Park on Beach, past Golf Club at 10:30 **Map Ref:** 54/NO:727580 **Description:** Walk along beach to South Esk Estuary and back via old aerodrome (reverse direction if tide unsuitable).
Leader: Sandra & Bob Campbell **Tel:** 01382 774643 **Mob:** 07903 141415

Dunfermline & West Fife: Glen Lednock
Grade B: 9 mls. 5 hrs. **Meet/Time:** LPRCP at 08:30 or Comrie car park (at west end off Dundas St) at 10:00 **Map Ref:** 51/NN:772220 **Description:** Minor road and waymarked woodland paths far up into this delightful glen. En route visit Deil's Cauldron, Dun More and typical Highland farmland. **Note:** DWOL, NoSC
Leader: Grant Robertson **Tel:** 01383 729171 **Mob:** 07770 976246 grobert50@tesco.net



Cuillins Early Morning

Perth: **The Black Spout & Craigower Hill. Total ascents 395m.**

Grade B: 8.6 mls. **Meet/Time:** ASDACP at 08:50 or Black Spout CP, Pitlochry at 10:00 **Map Ref:** 52/NN:951577 **Description:** Pass a waterfall, a distillery and an ancient castle, see Loch Tummel, Faragon & Schiehallion. Return by a dam, a fish ladder & a shooglie bridge. Bring maps 52 & 43.

Leader: Jim Morrison **Tel:** 01738 842802

St. Andrews & NE Fife: **South Queensferry to Cramond Circular**

Grade C+: 8 mls. **Meet/Time:** FCPC at 09:30 or Queensferry Pier Head beside rail bridge at 10:30 **Map Ref:** 65/NT:135783 **Description:** Circular walk with a loop to enjoy Forth views. One short incline during walk. **Note:** RADO, NoSC

Leader: T. Hartshorne **Tel:** 01337 857791

Sunday 1st March

Broughty Ferry: **Logie near Balmullo**

Grade C: 7 mls. 4 hrs. **Meet/Time:** TBPC at 10:00 or Cuplahills at 10:30 **Map Ref:** 59/NO:415204 **Description:** Circular walk through Fife countryside, some road walking. **Note:** DWOL

Leader: Sandra Haworth **Tel:** 01382 202784

Glenrothes: **Strathmiglo Circular**

Grade C+: 7mls 4hrs. **Meet/Time:** LCCP at 10:00 or Street parking close to California/Skene Street. Hall car park is for hall users only, not general public. Meet by the Hall. at 10:30. **Map Ref:** 370/NO:212098 **Description:** A pleasant circular walk from the town, incorporating The Bunnet Stane. Mainly good tracks, some inclines. **Note:** NoSC RADO

Leader: C Jenkins **Tel:** 07523289165 carolynjenkins@btinternet.com

Kinross and Ochil: Collessie Den and Lindores Loch

Grade C+: 7.5 mls. **Meet/Time:** BURN at 9.10 or RASCP at 09:30 or Collessie Victory Hall Car Park at 10:00 **Map Ref:** 59/NO:287134 **Description:** Circular walk by Collessie Dam and Grange of Lindores passing Black Loch, Golden Loch and the remains of Abdie Old Kirk. At the end of Lindores Loch, gentle climb through plantation and return via Braeside. **Note:** RADO, CWRA **Leaders:** Edna Burnett **Tel:** 01577 862977 & Andrew Burnett **Tel:** 01577 862977

Stirling & Falkirk: Luncarty to Perth

Grade C: 6.5 mls. 3 hrs. **Meet/Time:** LACP at 09:00 or Perth Mill Street Bus Station to board 34A bus at 10:20 to Luncarty at 10:45 **Map Ref:** 53/NO:098298 **Description:** Easy walking along the beautiful banks of the Tay.

Leader: Hilary Thomson **Tel:** 01786 472726 **Mob:** 07834 529694 hilarydthomson@gmail.com

Stirling & Falkirk: Stanley to Perth

Grade C+: 9 mls. 4.5 hrs. **Meet/Time:** LACP at 09:00 or Perth Mill Street Bus Station to board 34A bus at 10:20 to Craighall Car Park, south of Stanley at 10:45 **Map Ref:** 53/NO:106321 **Description:** Easy walking along the beautiful banks of the Tay.

Leader: Colin Thomson **Tel:** 01786 472726 **Mob:** 07702 636505 colinbthomson@gmail.com

Strathtay: Urlar Round

Grade C+: 8 mls. **Meet/Time:** Birks of Aberfeldy CP at 09:30 **Map Ref:** 52/NN:855486 **Description:** Circular Route from the Birks of Aberfeldy out to the green hut and returning on the Rob Roy Way. **Note:** RADO

Leader: John & Lily Fleming **Tel:** 01887 820575 jandlfleming@btinternet.com

Tuesday 3rd March

Dalgety Bay: Corstorphine to Craigleith Linear (100m ascent)

Grade C+: 5 mls. 4 hrs. **Meet/Time:** Meadowfield Bus Stop at 09:25 or Corstorphine Hill entrance, Queensferry Rd at 10:15 **Map Ref:** 66/NT:203752 **Description:** Over Corstorphine Hill to Corstorphine Rd, on to Pinkhill along disused railway line to Saughton, Water of Leith to Roseburn, then follow National Cycle Route to Craigleith return to Dalgety Bay by bus. **Note:** RADO

Leaders: Rose Nutt **Tel:** 01383 822669 **Mob:** 07969 198917 & Heather Haines **Mob:** 07990 660724

Kirkcaldy: Langtoun Daunders - Kirkcaldy Beach & Beyond

Grade C: 5 mls. **Meet/Time:** KRSN at 10:00 or Seafield beach car park at 10:15 **Map Ref:** 66/NT:279896 **Description:** Walk along Kirkcaldy beach (L.W. is at 09.35) from Seafield towards Ravenscraig area then returning via Kirkcaldy Esplanade. Suggested lunch venue is Morrison's Supermarket. **Note:** DWOL. CWRA.

Leader: Alex Donald **Mob:** 07943 871219

Wednesday 4th March

Dunfermline & West Fife: Glen Vale & West Lomond

Grade B: 6 mls. 3.5 hrs. **Meet/Time:** LPRCP at 09:30 or Glen Vale CP at 10:15 **Map Ref:** 370/NO:173069 **Description:** Footpath to Glen Vale passing John Knox Pulpit, then to top of West Lomond. Steep descent to Bonnet Stone and back to start along quiet road. **Note:** DWOL, NoSC

Leader: Alan Paul **Tel:** 01383 727875 **Mob:** 0773 9169674 apaspaul9@gmail.com

Thursday 5th March

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Friday 6th March

Brechin: Cheese & Wine Open Night

Meet/Time: Mechanics Institute, Brechin at 19:30 **Description:** Open night for members, guests and potential new members. Tickets available in advance.

Contacts: Colin Whyte **Tel:** 01356 622283 **Mob:** 07949 402506 colinwhyte@colinwhyte.plus.com & Moira Dunbar **Tel:** 01356 622327 **Mob:** 07759 215616 moiradunbar@talktalk.net

Saturday 7th March

Blairgowrie: Tillicoultry

Grade C+: 10/11 mls. **Meet/Time:** WCPB at 09:00 or Gartmorn Dam Car Park at 10:30 **Map Ref:** 58/NS:912942 **Description:** Flat walk around south of dam, following Black Devon to Forestmill, south to Slack Cottage, west along old railway then north to Linn Mill and eastern edge of dam, along north of dam and car park.

Leader: Anne Easson **Tel:** 01828 628001 a.easson@btinternet.com

Glenrothes: Lomond Hills - John Knox Pulpit and West Lomond

Grade B: 7mls 5hrs. **Meet/Time:** LCCP at 10:00 or Glen Vale Car park (North side of Lomonds) at 10:30. **Map Ref:** 58/NO:174070 **Description:** From car park there is a short road walk to join the path to Glen Vale leading to John Knox's Pulpit. Continue to top of Glen Vale and cross over to West Lomond (ascent: 1,100ft with option to miss out summit). Return by steep descent via the bonnet stone. **Note:** NoSC RADO

Leader: M McLennan **Tel:** 01592 743512 maxmclennan@hotmail.co.uk

Kirkcaldy: Lochore to Auchterderran

Grade C: 5.5 mls. **Meet/Time:** KRSN at 09:30 or Lochore Meadows main car park at 10:00 **Map Ref:** 58/NT:170962 **Description:** From Meadows road walk to path to Auchterderran then skirt golf course back to Lochore Meadows. **Note:** RADO. CWRA.

Leader: Alison Matthews **Tel:** 01592 780450

Perth: Croy Hill & the Antonine Wall near Kilsyth. Total ascents 206m.

Grade C: 6.5 mls. **Meet/Time:** ASDACP at 09:00 or Auchinstarry Marina, Kilsyth at 10:00 **Map Ref:** 65/NS:721767 **Description:** Canal towpath, grassy hill path, could be muddy. **Note:** RADO, NoSC

Leader: Sue Henderson **Tel:** 01738 861026 **Mob:** 07980 147967 tanniesue_peru@yahoo.com

Sunday 8th March

Dalgety Bay: Sims Hill Circular (607m ascent)

Grade B+: 10 mls. 5 hrs. **Meet/Time:** DBSCCP at 09:20 or Glen Sherup car park at 10:30 **Map Ref:** 58/NN:972051 **Description:** Up towards wind farm, Boreland Glen, Green Law, Sims Hill, through forest then down Boreland Glen, along by River Devon back to car park. Two fences to cross, boggy in places, apart from that - good tracks. **Note:** RADO, NoSC

Leader: Andrew Lees **Tel:** 01383 611750 **Mob:** 07901 806024 piano.man@btinternet.com

Forfar: Shielhill Bridge Circular

Grade C: 6 mls. **Meet/Time:** EGCP at 10:00 or Shielhill Bridge (Over Bridge and park on LHS) at 10:15 **Map Ref:** 54/NO:437579 **Description:** Circular walk along good paths, some road walking returning on path along South Esk River.

Leader: Jenny McDade **Tel:** 01241 855481

Stirling & Falkirk: Frandy Burn Circuit

Grade B+: 9 mls. 5.5 hrs. **Meet/Time:** LACP at 09:30 or Glen Sherup Forestry Commission CP at 10:15 **Map Ref:** 58/NN:973052 **Description:** Glendevon circular walk, by Ben Shee, Scad, Cairnmorris, Skythorn and Bald Hills. Ascent 522m.

Leader: Martin Scott-Smith **Tel:** 01259 214906 martinScottSmith@googlemail.com

Tuesday 10th March

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 12th March

Dalgety Bay: Roamers - Braefoot Point Circular (25m ascent)

Grade D: 4 mls. 2.5 hrs. **Meet/Time:** Dalgety Bay Library at 10:00 **Map Ref:** 65/NT:156835 **Description:** A walk to the old ammunition pier on woodland tracks and the Coastal Path. **Note:** RADO

Leader: Alice McEwan **Tel:** 01383 822013

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 14th March

Brechin: Drimmie Woods Circular

Grade C+: 7 mls. **Meet/Time:** SNSB at 09:30 or Alyth Town Centre CP at 10:30 **Map Ref:** 53/NO:246485 **Description:** Through Drimmie Woods, returning via Den o' Alyth.

Leader: Christine Bean **Tel:** 01356 624285

Dalgety Bay: St. Andrews to Kingsbarns Linear 100m ascent

Grade C+: 7 mls. 4 hrs. **Meet/Time:** DBSCCP at 08:30 or The Square, Kingsbarns at 10.00 to catch the No 95 bus to St Andrews at 10:22 **Map Ref:** 59/NO:592120 **Description:** Interesting section of the Fife Coastal Path from St Andrews to Kingsbarns via Boarhills. **Note:** RADO, Visitors should check with the leader that the bus timing has not changed.

Leader: David Thomson **Tel:** 01383 860324 **Mob:** 07922 050562 davidthomson@tesco.net

Dundee: Loch Faskally & Falls of Tummel

Grade C: 8 mls. 4.5 hrs. **Meet/Time:** CWCP at 08:45 or Car Park at north side of Dam at 10:00 **Map Ref:** 52/NN:934576 **Description:** Paths along Loch Faskally to Garry Bridge and back by Linn of Tummel and Foss Road. Distance if not going to pass of Killiecrankie is 6 mls. (3 hrs).

Leaders: Stewart MacDonald **Tel:** 01382 642728 **Mob:** 07960 624539 & Val MacDonald **Tel:** 01382 642728 **Mob:** 07852 815900

Dunfermline & West Fife: Palacerigg Country Park

Grade C: 5 mls. 3 hrs. **Meet/Time:** LPRCP at 09:30 or Palacerigg Country Park Visitor Centre car park at 10:30 **Map Ref:** 64/NS:787733 **Description:** An easy walk with various points of interest - Fannyside Loch, farm animals, treetop walkway. **Note:** DWOL, CWRA

Leader: Maureen Paul **Tel:** 01383 727875 **Mob:** 07842 386718 m9paul@gmail.com

Kinross and Ochil: Loch Leven Circular

Grade B: 13 mls. **Meet/Time:** BURN at 09:10 or Loch Leven Pier (at Bistro) at 09:30 **Map Ref:** 58/NO:121107 **Description:** Full walk around Loch Leven. Option of bus return from approximately one third or two thirds of way round. **Note:** DWOL, CWRA

Leader: Liz Douglas **Tel:** 01337 827582

Kirkcaldy: Dogton Stone & Blythe's Tower

Grade C+: 8 mls. **Meet/Time:** Kirkcaldy bus station for #33 bus at 09:00 or Auchterderran Parish Church car park at 10:00 **Map Ref:** 66/NT:213960 **Description:** A circular route with one short climb. Panoramic views may be possible. **Note:** RADO. NoSC.

Leader: Mike & Ros Fairgrieve **Tel:** 01592 784454

Perth: Bamff and Alyth Hill. Total ascents 370m.

Grade B: 8.5 mls. **Meet/Time:** ASDACP at 08:55 or Alyth Den Car Park at 10:00 **Map Ref:** 53/NO:236487 **Description:** Northwards past Whiteside to Little Bamff, then east to Incheoch and south onto Alyth Hill before descending into the Den.

Leader: John Andrews **Tel:** 01738 827275 **Mob:** 07526 884953 john@jdandrews.co.uk

Strathay: Glen Garr

Grade C+: 8 mls. **Meet/Time:** Chapel Street Aberfeldy for the bus to Bankfoot at 08:55 or Bankfoot at 09:30 **Map Ref:** 52/NO:063354 **Description:** A linear walk via Glen Garr, Rumbling Bridge and The Hermitage to Dunkeld. Return by bus. **Note:** RADO

Leader: John & Lily Fleming **Tel:** 01887 820575 jandlfleming@btinternet.com

Sunday 15th March

Broughty Ferry: St. Andrews Circular

Grade C: 7 mls. 4 hrs. **Meet/Time:** TBCP at 09:30 or East Sands C/P at 10:00 **Map Ref:** 59/NO:518165 **Description:** Circular walk on beach, track and paths. East Sands to West Sands to Out Head returning via North Haugh and Lade Braes walk. **Note:** DWOL

Leader: Dave Banks **Tel:** 01382 858495 **Mob:** 07719 382703

Glenrothes: Newtyle Circular

Grade C: 6.5mls 3.5hrs. **Meet/Time:** LCCP at 9:45 or Newtyle CP Glamis Road at 10:45. **Map Ref:** 53/NO:299414 **Description:** Circular walk, including dismantled railway tracks, through woods with a little road walking. **Note:** CWRA RADO

Leader: D Mathieson **Tel:** 07535 813423 don2908@yahoo.co.uk

St. Andrews & NE Fife: Dundee Law Circular

Grade C+: 7 mls. **Meet/Time:** FCPC at 09:30 or Dundee Esplanade Car Park opposite Tesco (free on Sunday) at 10:15 **Map Ref:** 54/NO:400295 **Description:** Urban walk through Dundee to top of Dundee Law (175 m ascent). Walk passes various points of interest, Lochee & Balgay Hill. Great views. Walk is on paths and pavements with 2 steep sections and many steps. **Note:** RADO, CWRA, Children welcome if fit to manage terrain.

Leader: H. Morrison **Tel:** 01592 749170 hazmgtmor@hotmail.com

Stirling & Falkirk: Dollar – Vicars Bridge circular

Grade C: 6 mls. **Meet/Time:** LACP at 09:30 or Lawhill Community Woodland car park at 10:15 **Map Ref:** 57/NS:970992 **Description:** From the community car park by Lawhill, we take a short cut to Dollar Glen. Down through Dollar to the River Devon. Along the river through the SSSI Bog and along to Vicars Bridge. Making our way back up to Lawhill. Ascent 500ft. **Note:** Because of limited parking, please car share where possible.

Leader: Eric Davidson **Tel:** 07757 658055 davidson.family.es@gmail.com

Thursday 19th March

Dundee: Fish Supper Night

Meet/Time: Lochee Bowling Club at 19:00 **Description:** As the date is near St Patrick's Day wear something Irish if you like. It's an open night so feel free to bring friends. Fish Suppers to arrive at 7.15pm. Cost £7. Please send cheques to Jean by 1st March along with any dietary requirements.

Contact: Jean & Brian MacGillivray **Tel:** 01382 623052 **Mob:** 07932 014859

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 21st March

Blairgowrie: Balmoral Cairns

Grade C+: 6 mls. **Meet/Time:** WCPB at 09:30 or Pay and Display Car Park at Crathie at 10:30 **Map Ref:** 44/NO:262949 **Description:** Circular walk exploring historic cairns erected by the Royal Family. Good views of Deeside and the Castle. 348 m of ascent - undulating, not steep.

Leader: Mike Morris **Tel:** 01828 632548 morris.inchley@btinternet.com

Dalgety Bay: Loch Leven Trail

Grade C: 8 mls. 4 hrs. **Meet/Time:** DBSCCP at 09:30 or Loch Leven Pier at 10:15 **Map Ref:** 58/NO:123018 **Description:** Walk from Loch Leven Pier to Vane farm and return same route. **Note:** RADO

Leader: Alice McEwan **Tel:** 01383 822013

Forfar: Morton Lochs & Tentsmuir Forest

Grade C+: 8 mls. **Meet/Time:** EGCP at 10:00 or Links Road North Car Park Tayport at 10:45 **Map Ref:** 59/NO:467278 **Description:** An interesting walk with a chance to visit the hides along Morton Lochs, then on via forest tracks to Tentsmuir Forest, returning to Tayport along the shore (Walk can be shortened to 5 miles, depending on weather).

Leader: Christine Ferguson **Tel:** 01382 532384

Glenrothes: Dundee - Camperdown, Dronley Circular

Grade C+: 8.5mils 4.5hrs. **Meet/Time:** LCCP at 10:00 or Camperdown Park off A923 CP (Camperdown House) at 11:00. **Map Ref:** 54/NO:358329 **Description:** A circular walk through woods and along disused railway line. Some road walking. **Note:** CWRA RADO . .

Leader: I Rankin **Tel:** 01337 830360 **ishabel.rankin@mypostoffice.co.uk**

Kirkcaldy: By Golden Hill & Lindores Loch

Grade B: 9 mls. **Meet/Time:** KRSN at 09:00 or Collessie Village (telephone leader for car parking instructions) at 10:00 **Map Ref:** 59/NO:286133 **Description:** By Collessie Den and Cowden Hill to Golden Hill, Abdie Old Kirk and south side Lindores Loch. On country tracks, rough ground and some tarmac. **Note:** RADO. CWRA.

Leader: Ruth Beddall **Tel:** 01592 260578

Perth: Little Glenshee & Creag Liath. Total ascents 292m.

Grade C+: 7.7 mls. **Meet/Time:** ASDACP at 08:50 or Little Glenshee CP at 09:30 **Map Ref:** 52/NN:988340 **Description:** An easy walk up the wee Glen Shee on to the top of Creag Liath. Fantastic views! The high level return skirts round the Moine Folaich. Children if fit and accompanied by an adult. **Note:** RADO

Leader: Jim Morrison **Tel:** 01738 842802

Sunday 22nd March

Stirling & Falkirk: Meall Dearg Circular

Grade A/B: 12 mls. 6/7 hrs. **Meet/Time:** LACP at 09:00 or Amulree Village Hall CP on road signposted to Glen Quaich at 10:00 **Map Ref:** 52/NN:898363 **Description:** A chance for another adventure to visit an isolated Graham with a walk up Glen Fender on good Landrover track before open unpathed hill to gain the summit. Can be shortened to suit conditions on the day and to suit "B" walkers. Ascent 500m.

Leader: Alan Philp **Tel:** 01786 814811 **Mob:** 07801 845848 **alangarry@hotmail.co.uk**

Tuesday 24th March

Dundee: Perth to Kinfauns

Grade C: 4 mls. 2 hrs. **Meet/Time:** CWCP at 10:00 or Bells Sports Centre, Perth at 10:30 **Map Ref:** 53/NO:115245 **Description:** Walk from Bells Sports Centre through North Inch and by River Tay then return.

Leader: Jean MacGillivray **Tel:** 01382 623052 **Mob:** 07932 014859

Kinross and Ochil: Tuesday Walkers

Grade C: All are welcome to join this max. 4 mls walk: details on first page of this programme.

Thursday 26th March

Glenrothes: Strollers Walk

Grade C: All are welcome to join this 4-6 mile walk, see details on first page of this programme.

Saturday 28th March

Brechin: Panmure Estate

Grade C: 7 mls. **Meet/Time:** SNSB at 09:30 or side road on right, 250m after Panmure gates on B9128, travelling towards Muirdrum, at 10:15 **Map Ref:** 54/NO:547386 **Description:** A guided walk around Panmure Estate past the Panmure Testimonial. **Note:** RADO

Leader: Margaret Spalding **Tel:** 01356 624426

Dalgety Bay: Crail, Kingsbarns Circular (150m ascent)

Grade C+: 10.5 mls. 5.5 hrs. **Meet/Time:** DBSCCP at 09:00 or Marketgate Crail at 10:30 **Map Ref:** 59/NO:613078 **Description:** Mixed walking on paths & tracks, rocky & sandy shore. **Note:** RADO, NoSC

Leader: Ian Bruce **Tel:** 01383 616062 **Mob:** 07518 154237 **ianbruce100@btinternet.com**

Dundee: Glen Esk Circular

Grade B+: 8 mls. 5 hrs. **Meet/Time:** OCCP at 08:45 or Invermark Car Park, Glen Esk (6km west of Tarfside) at 10:00 **Map Ref:** 44/NO:447803 **Description:** Circular walk - Invermark car park, Gleneffock Farm, Cairn Caidloch, Burnt Hill, Inchgrundle, Loch Lee, Invermark car park. Ascent 560m/1837ft.

Leader: Peter Hargraves **Tel:** 01307 462882 **Mob:** 07986 423328

Perth: Atholl Glens

Grade C+: 10.5 mls. **Meet/Time:** ASDACP at 08:50 or Glen Tilt CP at 10:00 **Map Ref:** 43/NN:874663 **Description:** Leaving car park go up past castle through Whim Plantation up Banvie Wood return through estate tracks.

Leader: Stewart Inglis **Tel:** 01738 621367

St. Andrews & NE Fife: Auchterarder and Cloan Glen Circular

Grade C+: 8 mls. **Meet/Time:** FCPC at 09:30 or Auchterarder Crown Wynd Car Park (free) at 10:30 **Map Ref:** 58/NN:945127 **Description:** Nice walk through part of Auchterarder village and Cloan Glen. On tarmac roads, forest and farm tracks. Views of Strathearn. **Note:** RADO, NoSC

Leader: D. Cameron **Tel:** 01334 474305

Sunday 29th March

Broughty Ferry: Lomond Hills, Glen Vale John Knox Pulpit and Bonnet Stane

Grade B: 7 mls. **Meet/Time:** TBCP at 09:30 or Glen Vale C/P at 10:30 **Map Ref:** 58/NO:174070

Description: Path through Glen Vale to John Knox's Pulpit. Continue to top of Glen Vale then round West Lomond with a steep descent to the Bonnet Stane. **Note:** DWOL

Leader: Linda Pirie **Tel:** 01382 778490 **Mob:** 07881 369442

Glenrothes: Dunkeld to Pinecone Point Circular

Grade B: 7mls 4hrs. **Meet/Time:** LCCP at 10:00 or Dunkeld Main Street at 11:00. **Map Ref:** 52/NO:026428 **Description:** Scenic walk via the Hermitage to Pinecone Point- spectacular views - returning along the banks of the Tay. 450m ascent to viewpoint. **Note:** NoSC RADO

Leader: S Fury **Tel:** 01592 756497 sheena_fury@yahoo.co.uk

Kinross and Ochil: Blackford to Dollar

Grade B+: 12.5 mls. **Meet/Time:** RASCP at 9.10 or BURN at 09:00 or Blackford at 10:00 **Map Ref:** 58/NN:896085 **Description:** Steady walk with some steep ascent and descent. Blackford to Upper Devon reservoir, then hill track to Skythorn and Andrew Gannel Hill. Ascend Kings Seat then on to Dollar. **Note:** RADO, NoSC

Leaders: Julia Menzies **Tel:** 078261665171 & Bill Bedborough **Tel:** 01259 742491

Kirkcaldy: Lomonds - Four Reservoirs

Grade B: 9 mls. **Meet/Time:** KRSN at 09:00 or Holl Reservoir car park at 09:45 **Map Ref:** 58/NO:224036 **Description:** Walking on good paths and tracks to Craigmead, around West Lomond and return passing four reservoirs. **Note:** RADO. NoSC.

Leader: Liz Greig **Tel:** 01592 653682 **Mob:** 07919 985239

Stirling & Falkirk: Core, Berry and Kinpauch Hills

Grade B: 7 mls. 5 hrs. **Meet/Time:** LACP at 09:30 or Blackford: parking in layby beside dual carriageway at 10:30 **Map Ref:** 366/NN:894086 **Description:** Three quite challenging hills with only faint tracks and paths. Ascent 250m.

Leader: Ray Finlay **Tel:** 01786 449135 **Mob:** 07792 549363 rayfin_1@hotmail.com

Strathay: Loch Leven Heritage Trail

Grade C: 13 mls. **Meet/Time:** CGCP at 09:30 or Kinross Pier at 10:30 **Map Ref:** 58/NO:121016 **Description:** A complete circuit of Loch Leven National Nature Reserve on the newly extended Heritage Trail passing Vane Farm. **Note:** RADO

Leader: Bill Bruce **Tel:** 01887 829753 bill_1_bruce@btinternet.com

Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Monifieth on the 1st of Feb, 2014.

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VACANT

Liaison Secretary

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If you are changing/correcting your name or address or changing group then you need the Membership Department or www.ramblers.org.uk/membership/membermail.htm

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Group Web Sites

Dalgety Bay	dalgetybayramblers.btck.co.uk
Perth & District	perthramblers.blogspot.com
Glenrothes	www.glenrothesramblers.co.uk
Dunfermline & West Fife:	dwframblers.btck.co.uk
Kirkcaldy	www.kirkcaldyramblers.org.uk
Stirling and Falkirk	sfdramblers.wordpress.com



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If you are walking with a group other than your own:

- ➔ Phone the walk leader and confirm the meeting place and time.
- ➔ Leave your full name, address and telephone number in the walks book.
- ➔ Tell the walk leader if you have any relevant medical condition.
- ➔ Socialise, particularly if there is a large number of you from another group.
- ➔ Don't leave the walk without telling the walk leader.
- ➔ Thank the walk leader at the end of the walk.



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